
Effective Beginning Reading Programs: A Best-Evidence Synthesis

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Abstract

This article systematically reviews research on the achievement outcomes of four types of approaches to improving the beginning reading success of children in kindergarten and first grade: Reading curricula, instructional technology, instructional process programs, and combinations of curricula and instructional process. Study inclusion criteria included use of randomized or matched control groups, a study duration of at least 12 weeks, valid achievement measures independent of the experimental treatments, and a final assessment at the end of grade 1 or later. A total of 62 studies met these criteria. The review concludes that instructional process programs designed to change daily teaching practices have substantially greater research support than programs that focus on curriculum or technology alone. In particular, positive achievement effects were found for *Success for All*, *PALS*, phonological awareness training, and other programs focused on professional development.

From the first day of kindergarten to the last day of first grade, most children go through an extraordinary transformation as readers. If all goes well, children at the end of first grade know the sounds of all the letters and can form them into words, know the most common sight words, and can read and comprehend simple texts. The K-1 period is distinct from other stages of reading development because during this stage, children are learning all the basic skills of turning print into meaning. From second grade on, children build fluency, comprehension, and vocabulary for reading ever more complex text in many genres, but the K-1 period is qualitatively different in its focus on basic skills.

Success in beginning reading is a key prerequisite for success in reading in the later years. Longitudinal studies (e.g., Juel, 1988) have shown that children with poor reading skills at the end of first grade are unlikely to catch up later on, and are likely to have difficulties in reading throughout their schooling. It is in the early elementary grades where the gap in performance between children of different races first appears, and this gap is perhaps the most important policy issue in education in the U.S. On the fourth grade National Assessment of Educational Progress (NAEP, 2007), 43% of White children achieved at the “proficient” level on the National Assessment of Educational Progress, but only 14% of African American, 17% of Hispanic, and 8% of American Indian children scored at this level. Effective beginning reading programs are important for children of all backgrounds, but for disadvantaged and minority children and for children with learning disabilities, who particularly depend on school to achieve success, effective beginning reading programs are especially important.

In recent years, there has been a shift in policy and practice toward more of a focus on phonics and phonemic awareness in beginning reading instruction. Based in large part on the findings of the National Reading Panel (2000) and earlier research syntheses, the Bush Administration’s Reading First program strongly favored phonics and phonemic awareness, and a national study of Reading First by Gamse et al. (2008) and Moss et al. (2008) found that teachers in Reading First schools were in fact doing more phonics teaching than were those in similar non-Reading First schools. Yet outcomes were disappointing, with small effects seen on first grade decoding measures and no impact on comprehension measures in grades 1-3. Similarly, a large study of intensive professional development focusing on phonics found no effects on the reading skills of second graders (Garet et al., 2008). The findings of these large-scale experiments imply that while the importance of phonics and phonemic awareness in beginning reading instruction are well established, the addition of phonics to traditional basal instruction is not sufficient to bring about widespread improvement in children’s reading. Other factors, especially relating to the quality of instruction, are also consequential.

Because of the great importance of this stage of development, there have been several reviews of research on beginning reading. Adams (1990) wrote an influential review, which concluded among other things that systematic phonics should be central to early reading instruction. Reviews by Snow, Burns, & Griffin (1998), by the National Reading Panel (NRP, 2000), by Torgeson, Brooks, & Hall (2006), and by the Rose Report in the U.K. (Rose, 2006) have reinforced the importance of phonics. The National Reading Panel (2000) pointed to five factors needed for success in early reading:

phonemic awareness, phonics, fluency, vocabulary, and comprehension. These reviews, however, focused on variables associated with positive outcomes in beginning reading rather than on specific reading programs. The What Works Clearinghouse (2008), in its beginning reading topic report, reviewed research on reading programs evaluated in grades K-3. However, the WWC only reports program ratings, and does not include discussion of the findings or draw generalizations about the effects of types of programs. Further, WWC inclusion standards applied in its beginning reading topic report include very brief studies (as few as 5 hours of instruction), very small studies (as few as 46 students), and measures of skills taught in experimental but not control groups (see Slavin, 2008). The Torgeson et al. (2006) review only included 12 randomized evaluations contrasting phonetic and non-phonetic approaches, but most of these were also brief (most provided 5 hours or less of instruction), had very small sample sizes, often used measures of objectives not taught at all in the control group, and were mostly supplementary rather than core approaches.

The present article reviews research on the achievement outcomes of practical initial (non-remedial) beginning reading programs for all children, applying consistent methodological standards to the research. It is intended to provide fair summaries of the achievement effects of the full range of beginning reading approaches available to educators and policy makers, and to summarize for researchers the current state of the art in this area. The scope of the review includes all types of programs that teachers, principals, or superintendents might consider to improve the success of their children in beginning reading: curricula, instructional technology, instructional process programs, and combinations of curricula and instructional process. The review uses a form of best evidence synthesis (Slavin, 1986), adapted for use in reviewing “what works” literatures in which there are generally few studies evaluating each of many programs (see Slavin, 2008). It is part of a series, all of which used the same methods, with minor adaptations. Separate research syntheses review research on remedial, preventive, and special education programs in elementary reading (Slavin, Lake, Madden, Chambers, Cheung & Davis, forthcoming), upper-elementary programs (Slavin, Lake, Chambers, Cheung, & Davis, 2008a), middle and high school reading programs (Slavin, Cheung, Groff, & Lake, 2008b), and reading programs for English language learners (Cheung & Slavin, 2005).

The syntheses of upper-elementary reading programs (Slavin et al., 2008a) and middle and high school reading programs (Slavin et al., 2008b) provide the closest background for the present review. The upper-elementary reading review identified 88 studies that met the inclusion standards. These were divided into four categories: reading curricula (core and supplementary textbooks), instructional technology, instructional process programs (such as cooperative learning), and combinations of curricula and instructional process. Effect sizes for curricula ($ES=+0.07$) and for instructional technology ($ES=+0.06$) were very low. Larger effect sizes ($ES=+0.23$) were found for instructional process programs, especially cooperative learning programs in which students help one another master reading comprehension skills in small teams or pairs. The sample-size weighted mean effect size for cooperative learning methods, specifically *Cooperative Integrated Reading and Composition (CIRC)* and *Peer Assisted Learning Strategies (PALS)*, was $+0.21$.

The secondary review covered grades 6-12, with most studies focused on grades 6-9. A total of 36 studies met the same criteria applied in the present review. It also concluded that programs designed to change daily teaching practices, providing extensive professional development in specific classroom strategies, had substantially greater support from rigorous experiments than did programs focusing on curriculum or technology alone. No studies of reading curricula met the inclusion criteria, and the sample size-weighted mean effect size for computer-assisted instruction programs was only +0.10. In contrast, the weighted mean effect size for various forms of cooperative learning was +0.28. Studies of mixed method programs (especially *READ 180*) that combine extensive teacher training and cooperative learning with computer activities also had relatively positive weighted effect sizes (ES=+0.22). The Cheung & Slavin (2005) review of research on (mostly elementary) studies of reading programs for ELLs also found that effective programs were ones that emphasized professional development and changed classroom practices, such as cooperative learning and comprehensive school reform. Based on the findings of the earlier reviews, we hypothesized that in beginning elementary reading, programs focusing on reforming daily instruction would have stronger impacts on student achievement than would programs focusing on innovative textbooks or instructional technology alone.

Focus of the Current Review

The present review uses procedures similar to those used in the upper elementary and secondary reading reviews to examine research on initial (non-remedial) programs for beginning reading. The purpose of the review is to place all types of initial reading programs intended to enhance beginning reading achievement on a common scale, to provide educators and policy makers with meaningful, unbiased information that they can use to select programs most likely to make a difference with their students. The review emphasizes practical programs that are or could be used at scale. It therefore emphasizes large studies done over significant time periods that used standard measures, to maximize the usefulness of the review to educators. The review also seeks to identify common characteristics of programs likely to make a difference in beginning reading achievement. This synthesis was intended to include all kinds of approaches to early reading instruction, and groups them in four categories: reading curricula, instructional technology, instructional process programs, and combinations of reading curricula and instructional process. *Reading curricula* primarily encompass core reading textbooks and curricula, such as *Reading Street* and *Open Court Reading*. *Instructional technology* refers to programs that use technology to enhance reading achievement. This includes traditional supplementary computer-assisted instruction (CAI) programs, in which students are sent to computer labs for additional practice. CAI in reading has been reviewed by Kulik (2003), Murphy et al. (2002), and E. Chambers (2003). Other instructional technology programs include *Reading Reels*, which provides embedded multimedia in daily lessons, and *Writing to Read*, which combines technology and non-technology small group activities. *Instructional process programs* rely primarily on professional development to give teachers effective strategies for teaching reading. These include programs focusing on cooperative learning and phonological awareness. Combinations of curricula and instructional process, specifically *Success for All* and

Direct Instruction, provide specific phonetic curricula as well as extensive professional development focused on instructional strategies. Comprehensive school reform (CSR) programs were included only if they included specific beginning reading programs; for a broader review of outcomes of elementary CSR models, see CSRQ (2006) and Borman et al. (2003).

Methodological Issues Unique to Beginning Reading

While a review of research on beginning reading programs shares methodological issues common to all systematic reviews, there are also some key issues unique to this subject and grade level. The thorniest of these relates to measurement. In the early stages of reading, researchers often use measures such as phonemic awareness that are not “reading” in any sense, though they are precursors. However, measures of reading comprehension and reading vocabulary tend to have floor effects at the kindergarten and first grade level. The present review included measures such as letter-word identification and word attack, but did not accept measures such as auditory phonemic awareness. Measures of oral vocabulary, spelling, and language arts were excluded at all grade levels.

Another problem of early reading measurement is that in kindergarten, it is possible for a study to find positive effects of programs that introduce skills not ordinarily taught in kindergarten on measures of those skills. For example, until the late 1990’s it was not common in U.S. kindergartens for children to be taught phonics or phonemic awareness. Programs that moved these then first-grade skills into kindergarten might appear very effective in comparison to control classes receiving little or no instruction on those skills, but would in fact simply be teaching skills the children would probably have mastered somewhat later.

Because of the difficulty of defining and measuring early literacy skills, multi-year evaluations that follow children at least through the end of first or second grade are of particular value. By the end of second grade, it is certain that control students as well as experimental students have been seriously taught to read, and it becomes possible to use measures of reading comprehension and reading vocabulary that more fully represent the goals of reading instruction, not just precursors. Multi-year studies solve the problem of early presentation of skills ordinarily taught later. If kindergartners are taught certain first grade reading skills, end of first grade or second grade measures should be able to determine if this early teaching was truly beneficial. For example, a study by Hecht & Close (2002) evaluated the *Waterford Early Reading Program* in kindergarten classes. Children in experimental and control classes experienced whole language instruction focused on language, not reading. Those in the *Waterford* group, however, also received 15 minutes a day of phonics and phonemic awareness. At the end of kindergarten posttest, the *Waterford* group scored much better than controls. But what does this mean? It may be that early exposure to phonics instruction has a lasting effect, but that cannot be determined until all children have been taught to read, with measures no earlier than the end of the first grade. Due to the unique nature of research on kindergarten-only

programs, studies whose final posttesting took place before spring of first grade are reviewed in a separate section of this article.

Review Methods

As noted earlier, the review methods used here are similar to those used by Slavin, Lake, Cheung, & Davis (2008a) and by Slavin, Cheung, Groff, & Lake (2008b), who adapted a technique called best-evidence synthesis (Slavin, 1986). Best-evidence syntheses seek to apply consistent, well-justified standards to identify unbiased, meaningful information from experimental studies, discussing each study in some detail, and pooling effect sizes across studies in substantively justified categories. The method is very similar to meta-analysis (Cooper, 1998; Lipsey & Wilson, 2001), adding an emphasis on narrative description of each study's contribution. It is similar to the methods used by the What Works Clearinghouse (2008), with a few important exceptions noted in the following sections. See Slavin (2008) for an extended discussion and rationale for the procedures used in all of these reviews.

Literature Search Procedures

A broad literature search was carried out in an attempt to locate every study that could possibly meet the inclusion requirements. Electronic searches were made of educational databases (JSTOR, ERIC, EBSCO, Psych INFO, Dissertation Abstracts) using different combinations of key words (for example, “elementary students,” “reading,” “achievement”) and the years 1970–2008. Results were then narrowed by subject area (for example, “reading intervention,” “educational software,” “academic achievement,” “instructional strategies”). In addition to looking for studies by key terms and subject area, we conducted searches by program name. Web-based repositories and education publishers' websites were also examined. We attempted to contact producers and developers of reading programs to check whether they knew of studies that we had missed. Citations were obtained from other reviews of reading programs including the What Works Clearinghouse (2008) beginning reading topic report, Adams (1990), National Reading Panel (2000), Snow, Burns & Griffin (1998), Torgerson, Brooks, & Hall (2006), Rose (2006), and August & Shanahan (2006), or potentially related topics such as instructional technology (E. Chambers, 2003; Kulik, 2003; Murphy et al., 2002). We also conducted searches of recent tables of contents of key journals. We searched the following tables of contents from 2000 to 2008: *American Educational Research Journal*, *Reading Research Quarterly*, *Journal of Educational Research*, *Journal of Educational Psychology*, *Reading and Writing Quarterly*, *British Educational Research Journal*, and *Learning and Instruction*. Citations of studies appearing in the studies found in the first wave were also followed up.

Effect Sizes

In general, effect sizes were computed as the difference between experimental and control individual student posttests after adjustment for pretests and other covariates, divided by the unadjusted posttest control group standard deviation. If the control group

SD was not available, a pooled SD was used. Procedures described by Lipsey & Wilson (2001) and Sedlmeier & Gigerenzor (1989) were used to estimate effect sizes when unadjusted standard deviations were not available, as when the only standard deviation presented was already adjusted for covariates or when only gain score SD's were available. If pretest and posttest means and SD's were presented but adjusted means were not, effect sizes for pretests were subtracted from effect sizes for posttests. In multiyear studies, effect sizes may be reported for each year but only the final year of treatment is presented in the tables. However, if there are multiple cohorts (e.g., K-1, K-2, K-3), each with adequate pretests, all cohorts are included in the tables.

Effect sizes were pooled across studies for each program and for various categories of programs. This pooling used means weighted by the final sample sizes. The reason for using weighted means is to maximize the importance of large studies, as the previous reviews and many others have found that small studies tend to overstate effect sizes (see Rothstein et al., 2005; Slavin, 2008; Slavin & Smith, 2008).

Effect sizes were broken down for measures of decoding (e.g., word attack, letter-word identification, and fluency), vocabulary, and comprehension/total reading. In general, comprehension, which is the ultimate goal of reading instruction, is the most important outcome measure. Very few studies reported separate vocabulary scores, so the tables only show separate outcomes for decoding and comprehension (although vocabulary measures are included in totals).

Criteria for Inclusion

Criteria for inclusion of studies in this review were as follows.

1. The studies evaluated initial (i.e., non-remedial) classroom programs for beginning reading. Studies of variables, such as use of ability grouping, block scheduling, or single-sex classrooms, were not reviewed. Studies of tutoring and remedial programs for struggling readers are reviewed in a separate article (Slavin et al., in preparation).
2. The studies involved interventions that began when children were in kindergarten or first grade. Multi-year interventions that began in kindergarten or first grade were included even if children were in grades 2-5 by the end of the study. As noted earlier, studies that began and ended in kindergarten are reviewed separately.
3. The studies compared children taught in classes using a given reading program to those in control classes using an alternative program or standard methods.
4. Studies could have taken place in any country, but the report had to be available in English.

5. Random assignment or matching with appropriate adjustments for any pretest differences (e.g., analyses of covariance) had to be used. Studies without control groups, such as pre-post comparisons and comparisons to “expected” scores, were excluded.
6. Pretest data had to be provided, unless studies used random assignment of at least 30 units (individuals, classes, or schools) and there were no indications of initial inequality. Studies with pretest differences of more than 50% of a standard deviation were excluded because, even with analyses of covariance, large pretest differences cannot be adequately controlled for as underlying distributions may be fundamentally different (Shadish, Cook, & Campbell, 2002).
7. The dependent measures included quantitative measures of reading performance, such as standardized reading measures. Experimenter-made measures were accepted if they were comprehensive measures of reading, which would be fair to the control groups, but measures of reading objectives inherent to the experimental program (but unlikely to be emphasized in control groups) were excluded. Studies using measures inherent to treatments, usually made by the experimenter or program developer, have been found to be associated with much larger effect sizes than are measures that are independent of treatments (Slavin & Madden, 2008), and for this reason, effect sizes from treatment-inherent measures were excluded. The exclusion of measures inherent to the experimental treatment is a key difference between the procedures used in the present review and those used by the What Works Clearinghouse. As noted above, measures of pre-reading skills such as phonological awareness, as well as related skills such as oral vocabulary, language arts, and spelling, were not included in this review.
8. A minimum study duration of 12 weeks was required. This requirement is intended to focus the review on practical programs intended for use for the whole year, rather than brief investigations. Study duration is measured from the beginning of the treatments to posttest, so, for example, an intensive 8-week intervention in the fall of first grade would be considered a year-long study if the posttest were given in May. The 12-week criterion has been consistently used in all of the systematic reviews done previously by the current authors. This is another difference between the current review and the What Works Clearinghouse (2008) beginning reading topic report, which included very brief studies.
9. Studies had to have at least 15 students and two teachers in each treatment group.

Appendix 1 lists studies that were considered germane but were excluded according to these criteria, as well as the reasons for exclusion.

Limitations

It is important to note several limitations of the current review. First, the review focuses on experimental studies using quantitative measures of reading. There is much to

be learned from qualitative and correlational research that can add depth and insight to understanding the effects of reading programs, but this research is not reviewed here. Second, the review focuses on replicable programs used in realistic school settings expected to have an impact over periods of at least 12 weeks. This emphasis is consistent with the review's purpose in providing educators with useful information about the strength of evidence supporting various practical programs, but it does not attend to shorter, more theoretically-driven studies that may also provide useful information, especially to researchers. Finally, the review focuses on traditional measures of reading performance, primarily individually-administered or group-administered standardized tests. These are useful in assessing the practical outcomes of various programs and are fair to control as well as experimental teachers, who are equally likely to be trying to help their students do well on these assessments. The review does not report on experimenter-made measures of content taught in the experimental group but not the control group, even though results on such measures may also be of importance to some researchers or educators.

Categories of Research Design

Four categories of research designs were identified. *Randomized experiments* (R) were those in which students, classes, or schools were randomly assigned to treatments, and data analyses were at the level of random assignment. When schools or classes were randomly assigned but there were too few schools or classes to justify analysis at the level of random assignment, the study was categorized as a *randomized quasi-experiment* (RQE) (Slavin, 2008). *Matched* (M) studies were ones in which experimental and control groups were matched on key variables at pretest, before posttests were known, while *matched post-hoc* (MPH) studies were ones in which groups were matched retrospectively, after posttests were known. For reasons described by Slavin (2008), studies using fully randomized designs (R) are preferable to randomized quasi-experiments (RQE), but all randomized experiments are less subject to bias than matched studies. Among matched designs, prospective designs (M) were preferred to post-hoc or matched designs (MPH). In the text and in tables, studies of each type of program are listed in this order (R, RQE, M, MPH). Within these categories, studies with larger sample sizes are listed first. Therefore, studies discussed earlier in each section should be given greater weight than those listed later, all other things being equal.

Research on Reading Curricula

The reading curricula category consists of textbooks for initial (non-remedial) reading instruction. It includes only 5 qualifying studies of core basal programs and 3 of supplemental curricula. Some professional development is typically provided with these textbooks, but far less than would be typical of instructional process approaches. The Slavin et al. (2008) review of research on upper-elementary textbooks found few effects on reading measures across 16 qualifying studies, with a weighted mean effect size of +0.08 for core textbooks and +0.06 for supplementary texts.

Table 1 summarizes descriptions and outcomes of all studies of textbook programs for beginning reading.

TABLE 1 HERE

Reading Curricula

Open Court Reading

Open Court Reading, published by SRA/McGraw Hill, is one of the most widely used basal textbook series in the US. From the 1960's to the late 1990's, *Open Court* was a phonetically-based alternative to traditional basal textbooks, but in recent years other texts have also adopted more phonics as well. Still, *Open Court* remains distinctive in its use of phonetic readers in the early grades, a focus on direct instruction of specific skills throughout the program, scripted teacher's manuals, and more teacher training and follow up than most texts provide. Teachers in the research sites received 2-3 days of initial training and extensive on-site follow-up from *Open Court* consultants. Typically, *Open Court* is used in 2.5 hour language arts blocks, meaning that schools using it may spend significantly more time on reading than would students in other programs, where 90 minutes is typical.

Borman, Dowling, & Schneck (2008) carried out a randomized evaluation of the 2005 version of *Open Court Reading*. They identified a total of 49 grade 1-5 classrooms in which *Open Court* had not been used previously, and randomly assigned classrooms within schools and grade levels to *Open Court* or control conditions. Control classes used a variety of traditional texts. *Open Court* teachers were asked to teach the program 2 ½ hours a day, while control teachers generally spent 90 minutes a day on reading. Not all *Open Court* classes spent the full 2 ½ hours, but most did, so additional time is confounded with any curricular effects. Also, the *Open Court* teachers received extensive training and follow-up beyond that ordinarily provided with the basal text.

At the first grade level, the focus of the present review, there were 9 *Open Court* classes (n=165) and 7 control classes (n=139). In light of the numbers of classes involved in first grade, this was considered a randomized quasi-experiment. The schools were located in Idaho, Florida, Texas, and Indiana and averaged 61% free lunch and 57% minority. *Open Court* and control classes were well matched on Terra Nova pretests and demographics. On Terra Nova posttests, adjusted for pretests, effect sizes were +0.06 for Reading Comprehension, +0.22 for Reading Vocabulary, and +0.17 for Reading Composite. Using HLM, with students nested within classrooms, effects were significant (p<.05) for the entire grade 1-5 sample, but separate analyses were not reported for first graders.

A frequently cited evaluation of an earlier version of *Open Court* did not meet the standards of this review. Foorman, Fletcher, Francis, Schatschneider, & Mehta (1998)

compared low-achieving first and second graders in *Open Court* and “implicit code” (i.e., non-phonetic) classes. Unfortunately, the initial comparability of the groups was not adequately established. Posttest analyses combined first and second graders, yet the proportion of each was quite different in *Open Court* (76% first) and implicit code (50% first). Further, there were sizeable pretest differences favoring the *Open Court* groups within grades.

Reading Street

Reading Street is a significant revision of the *Scott Foresman* basal textbook series, one of the most widely used in the U.S. The revision focused on increasing the emphasis on phonics and phonemic awareness, in line with requirements of No Child Left Behind. The publisher contracted with Magnolia Consulting (Wilkerson, Shannon, & Herman, 2006, 2007) to do two one-year randomized evaluations.

The Wilkerson, Shannon, & Herman (2007) evaluation involved a total of 18 first grade teachers, randomly assigned to *Reading Street* (n=220) or control (n=167) within schools in four sites around the U.S. This sample size made the study a randomized quasi-experiment. Overall, approximately 86% of students were White, 8% Hispanic, and 3% African American, and 26% received free or reduced price lunches. Control schools used a variety of textbooks, including *Macmillan Spotlight on Literacy*, *Harcourt Trophies*, *Harcourt Signatures*, and *Scott Foresman’s* 2000 and 2002 editions. On Gates MacGinitie Tests, adjusting for pretests, *Reading Street* students scored non-significantly higher than controls (ES=+0.15, n.s.).

A similar study of *Reading Street* by Wilkerson et al. (2006) involved 16 teachers of first grades in five schools. Two urban schools and a rural school were middle-class, non-Title I schools primarily serving White students, with 38-40% of students qualifying for free lunch. The remaining two schools were Title I schools with 67% of students qualifying for free lunch, and 80% of students were African American and 11% were Hispanic. The overall sample was 57% White, 25% African American, and 11% Hispanic, and 54% of students qualified for free lunch. The teachers were randomly assigned within schools to use *Reading Street* or to continue using other basal textbooks. Adjusting for pretests, individual Gates McGinitie scores were not significantly different (ES = -0.02, n.s.).

Scholastic Phonics Readers with Literacy Place

Scholastic Phonics Readers is a supplementary phonics instructional program designed as an optional addition to *Literacy Place*, Scholastic’s basal reading text. *Scholastic Phonics Readers* incorporates phonetic texts to provide intensive phonics practice in the context of engaging stories, with themes and skills aligned to those in *Literacy Place*. The publisher provides a summary of a study by Schultz (1996) evaluating the combination of *Scholastic Phonics Readers* and *Literacy Place*. Superintendents in four California districts, Los Angeles, San Francisco, Pasadena, and

San Bernardino, were asked to nominate pairs of similar elementary schools. In each, one member of each pair was randomly assigned to use the Scholastic materials, and then one class within each school was randomly selected to participate. With eight classes and 301 first graders (n=162E, 139C), this is a randomized quasi-experiment. The groups were well-matched on CTBS pretests. On CTBS posttests, effect sizes were +0.07 for reading, +0.11 for vocabulary, +0.21 for comprehension, and +0.23 for word analysis, for an overall mean effect size of +0.16.

Lippincott

The *Lippincott Basic Reading Series* was a phonetic reading series that taught word attack skills in a systematic way, using step-by-step presentations of letter sounds and sound blending. Children learned to read using phonetically controlled stories to help them learn to apply their knowledge of letter-sound correspondence to meaningful text.

Brown & Felton (1990) carried out a small, longitudinal evaluation of *Lippincott* as a comparison of code-emphasis and whole language approaches. The 1986 *Houghton Mifflin* basal textbook served as the whole language method. First graders were identified based on extensive testing as being at risk for reading failure, but were not included if they scored below 80 on the Otis-Lennon Mental Abilities Test. Children were placed in six groups of eight across five schools and randomly assigned to use either *Lippincott* or *Houghton Mifflin* texts. This random assignment at the group level makes this a randomized quasi-experiment (RQE). A member of the project team provided instruction to the eight selected students in each group during daily reading periods in both treatment conditions, over a two-year period from the beginning of first grade to the end of second grade. Ns were 23 E, 19 C. At the end of first grade, scores significantly favored *Lippincott* students on Woodcock Word Attack (adjusted ES=+1.33, p<.01), but not on Word Identification (ES=-0.19, n.s.). By second grade, the differences were +0.23 (n.s.) for Word Attack and +0.30 (n.s.) for Word Identification, for an average of +0.27. Importantly, 12 *Houghton-Mifflin* and only 1 *Lippincott* child was recommended for retention. However, reading outcomes were modest, with a sample size-weighted mean of only +0.12.

Supplementary Curricula

Open Court Phonics Kit (as a supplement) and Phonics in Context

Barrett (1995) evaluated the *Open Court Phonics Kit* used as a supplement to a literature-based model that used *Houghton Mifflin*, *Wright*, and *Rigby* books as a base. *Open Court Phonics* provided teachers with extensive training and materials to teach phonics skills. This program was compared to a similar district-created *Phonics in Context* program and to a control group that just used the literature series without supplementary phonics. The study took place in the Riverside, California school district, with mostly middle class first graders. Five classes (n=78) were non-randomly assigned to *Open Court Phonics*, seven classes (n=87) to *Phonics in Context*, and four classes (n=83) to control, matching on TERA pretests and demographics. Adjusting for the

TERA pretests, posttests favored the two phonics supplements over the control treatment, but there were no differences between *Open Court Phonics* and the district *Phonics in Context* program. Adjusting for pretests, respective effect sizes for *Open Court Phonics* and *Phonics in Context* were +0.36 and +0.21 on TERA, +0.53 and +0.33 on SAT Reading Comprehension, +0.47 and +0.40 for SAT Word Reading, +0.79 and +0.67 for Word Study Skills, and +0.62 and +0.47 for SAT Total Reading. Averaging SAT Total Reading and TERA, mean effect sizes were +0.49 for *Open Court Phonics* and +0.34 for *Phonics in Context*.

Elements of Reading: Phonics and Phonemic Awareness

Elements of Reading: Phonics and Phonemic Awareness, published by Harcourt, is a commercial supplemental resource that provides 48 weekly lessons to help 5-6-year-olds to master consonant and vowel sounds, vowel patterns, and other phonics skills. Teachers use the program 20 minutes each day in small groups. Under contract to the publisher, Apthorp (2005) carried out an evaluation in 16 first-grade classrooms in 6 schools, four of which were high-poverty (93% free lunch), 95% African American schools and two of which were middle class (22% free lunch) schools in which 78% of students were White, 13% African American, and 6% Hispanic. Eight classes were randomly assigned to *EOR* (n=126) and 8 to control (n=131). Control classes used standard *McGraw-Hill* or *Literacy Place* basals without supplemental phonics instruction. On three ERDA scales, the mean effect size after adjusting for pretests was -0.09, and the mean of two Gates MacGinitie scales was -0.29, for a mean of -0.19. Patterns were similar in the high-poverty and middle-class sites.

Conclusions: Reading Curricula

Beginning reading curricula have been studied in just a few high-quality evaluations. There were eight studies, six of which used randomized quasi experiments. These studies evaluated four core basal reading programs, *Open Court Reading*, *Reading Street*, *Scholastic Phonics Readers with Literacy Place*, and the early *Lippincott* program, plus two supplemental programs, the *Open Court Phonics Kit*, and *Elements of Reading: Phonics and Phonemic Awareness*. With the exception of a small study of the *Open Court Phonics Kit*, none of the programs had effect sizes in excess of +0.20. The sample size-weighted mean effect size across all eight was +0.13, with three studies of supplementary phonics programs reporting a weighted mean effect size of +0.15 and core programs a weighted mean of +0.12. Effect sizes averaged +0.23 for decoding measures, but only +0.09 for comprehension/total reading measures.

Research on Instructional Technology

The effectiveness of instructional technology (IT) has been extensively debated over the past 20 years, and there is a great deal of research on the topic. Kulik (2003) concluded that research did not support use of IT in elementary or secondary reading, although E. Chambers (2003) came to a somewhat more positive conclusion.

Ten studies of instructional technology met the standards for the present review. These were divided into three categories. *Supplemental technology programs*, such as *Waterford*, *WICAT*, and *Phonics-Based Reading*, are programs that provide additional instruction at students' assessed levels of need to supplement traditional classroom instruction. *Mixed-method models*, represented by *Writing to Read*, are methods that use computer-assisted instruction along with non-computer activities as students' core reading approach. *Embedded multimedia*, represented by *Reading Reels*, provides video content embedded in teachers' whole-class lessons.

Descriptions and outcomes of all studies of instructional technology in beginning reading that met the inclusion criteria appear in Table 2.

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TABLE 2 HERE
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Supplemental CAI

Multiple Supplemental CAI Programs

Dynarski, Agodini, Heaviside, Novak, Carey, & Campuzano (2007) evaluated the use in first grade of five CAI reading programs, *Destination Reading*, *Waterford*, *Headsprout*, *Plato Focus*, and *Academy of Reading*. Outcomes for individual programs were not reported, so this is an evaluation of modern uses of technology in first grade reading in general, not of any particular approach. The study involved 43 schools in 11 districts. A total of 158 teachers (89E, 69C) and their 2619 students (1516E, 1103C) were randomly assigned within schools to CAI or control conditions. CAI students used the programs 94 minutes per week, on average. Control classes also often had computers, and used them for purposes such as reading assessment and practice, averaging 18 minutes per week. Experimental classes also made use of computers for similar purposes beyond the five programs, averaging 25 minutes per week.

Schools involved in the study were very diverse, and were located throughout the U.S. However, they were relatively disadvantaged, with 49% of students eligible for free or reduced-price lunches and 76% of schools receiving Title I. Overall, 44% of students were White, 31% African American, and 22% Hispanic.

Students were pre- and posttested on the SAT-9 and the TOWRE. There were no posttest differences on any subscales. Adjusting for pretests, SAT-9 posttest effect sizes were +0.06 (n.s.) for Sounds and Letters, +0.04 (n.s.) for Word Reading, and -0.01 (n.s.) for Sentence Reading, for an overall effect size of +0.03. On the TOWRE, effect sizes were +0.03 (n.s.) for Phonemic Decoding Efficiency, +0.02 (n.s.) for Sight Word Efficiency, and +0.04 (n.s.) overall. Averaging SAT-9 and TOWRE, the effect size was +0.04.

Waterford Early Reading Program

The *Waterford Early Reading Program* is a supplemental designed to develop kindergartners' and first graders emergent literacy skills. Its activities include letter recognition, phonemic awareness, vocabulary and comprehension. Children play games and complete fill-in-the-blank writing activities, presented at the child's level of functioning.

Cassady & Smith (2005) carried out a small matched evaluation of *Waterford* in a rural school in the Midwest. Three first grade teachers used *Waterford* about 20 minutes a day during regular reading periods, starting in Fall, 2001. The same teachers' classes the previous year served as the control group. The n's were 46E, 47C. On Terra Nova Reading, controlling for pretests, the effect size was +0.71. Effects were particularly large for the children who had the lowest pretest scores.

Phonics-Based Reading

Phonics-Based Reading (PBR), created by Lexia, is computer software designed to help beginning readers learn word-attack skills. Children work independently at computer stations through an individualized, structured series of activities that progress from words in isolation to sentences and paragraphs. When children finish the *PBR* sequence, they move to a similar series called *Strategies for Older Students (SOS)*.

Macaruso, Hook, & McCabe (2006) evaluated *PBR* in ten first-grade classes in five urban elementary schools in the Boston area. More than 50% of students received free or reduced-price lunches, and 29% came from homes in which a language other than English was spoken.

One first grade class in each school was designated to use *PBR* (N=92) and one served as a control group (N=87). All classes used the same *Scott Foresman* or *Bradley* basals. *PBR* was used in a lab setting 2-4 times per week for 20-30 minutes. Experimental and control students were fairly well matched on Gates MacGinitie pretests given in November of first grade. On June posttests, adjusted for pretests, *PBR* students scored nonsignificantly better (ES=+0.20, n.s.).

The Literacy Center (Grade 1)

The Literacy Center (TLC), developed by LeapFrog, is a supplemental literacy program that uses technology to teach phonological awareness and phonics. Children use the program 20-30 minutes daily, in addition to their core reading program. Teachers receive four days of training on TLC implementation. The publisher commissioned RMC Research Corporation (2004) to evaluate TLC. Six high-poverty schools in Las Vegas were randomly assigned to TLC or control conditions, making this a randomized quasi-experiment. This section reports only on first grades (n=109E, 86C); kindergarten findings are reported later in this article. Children were pre- and posttested on the Gates MacGinitie and on four DIBELS scales. Adjusting for pretests, there were no differences on Gates (ES= -0.04, n.s.) or on DIBELS (ES= -0.01, n.s.), for a mean of -0.02.

WICAT

WICAT was a traditional supplementary CAI program that provided individualized reading activities to strengthen students' skills. It consisted of graphics, animation, and high-quality audio content and was designed to complement and enhance in-class instruction in reading skills such as decoding, contextual analysis, and word identification.

Erdner, Guy, and Bush (1997) carried out a matched evaluation study in two elementary schools in north central Oklahoma. Participants were 85 first graders. The experimental group and the control group were well matched on school size, SES, gender, and pretest scores. Students in the treatment group received 60 minutes per week of computer-assisted instruction in reading for a full academic year. The control school used a traditional instruction method without any CAI support. After 1 year, students in both groups took the standardized CTBS test. Adjusting for pretests, the treatment school scored significantly better than the control school, with an effect size of +1.05.

The Reading Machine

The *Reading Machine* was an early phonics drill and practice program. Teachers could choose specific objectives and the program kept track of student progress. Abram (1984) conducted a 12-week randomized experiment on the use of the *Reading Machine* with 103 first-grade students randomly assigned to use the program for either phonics or mathematics, with each group serving as the control group for the other. An analysis of NCE gain scores on the Iowa Test of Basic Skills revealed no significant effects of the program (ES = +0.19, n.s.).

Average Effect Size—Supplemental CAI

The weighted mean effect size across the 6 qualifying studies of supplemental CAI was +0.09.

Mixed-Method Model

Writing to Read

Writing to Read (WTR), originally developed by IBM but now distributed by Bright Blue Software, is a computer-based program created to develop the writing and reading skills of K-1 children. It is based on the premise that children can learn to read by first learning to write anything they can say. Instruction is individualized, allowing students to work at their own pace. Students cycle through computer and non-computer tasks (such as listening to stories, writing stories, and working with the teacher in small groups).

Collis, Ollila, & Ollila (1990) carried out a small evaluation of *Writing to Read* in first grades in British Columbia, Canada. Children in two schools that used the program

in 1985-86 (N=53) were compared to those in the same school in 1983-84 (N=44) who had similar scores on the Canadian Reading Tests. The posttests were Stanford Achievement Tests. Adjusted for pretests, the *Writing to Read* children scored higher on total reading (ES=+0.47); but there were no differences in word study skills (ES=+0.07), for a mean of +0.27.

Beasley (1989) evaluated *Writing to Read* with first graders in two middle class elementary schools in Athens, Alabama. There were 42 children in the *Writing to Read* school and 32 in the control school. Overall, 82% of the students were White, 18% African American. On the Stanford Early School Achievement Test (SESAT-2), adjusting for pretests, there were no significant differences on Sounds and Letters (ES=-0.09), Word Reading (ES=+0.15), or Sentence Reading (ES=-0.44). Controlling for Otis-Lennon School Ability Tests, SESAT posttests nonsignificantly favored the control group on Reading Comprehension (ES=-0.52) and Total Reading (ES=-0.44), for an average across the five measures of ES=-0.27. The mean effect size across the two qualifying studies of *Writing to Read* was +0.04.

Embedded Multimedia

Reading Reels

Reading Reels is a form of multimedia in which video content is embedded within teachers' lessons. It is used only within the *Success for All* comprehensive reform program (discussed later in this article). Brief animations, puppet skits, and live-action video segments, about 5 minutes daily in total, model for children and teachers beginning reading strategies.

B. Chambers, Cheung, Madden, Slavin, & Gifford (2006) evaluated *Reading Reels* in a year-long randomized experiment with 394 first graders in 10 high-poverty schools in Hartford, Connecticut. The schools served very disadvantaged populations that were approximately 60% Hispanic and 40% African American. The study compared first graders who learned to read using the *Success for All* program either with or without the embedded video components. In HLM analyses with school as the unit of analysis, controlling for pretests, the study found positive individual level effect sizes for Word Identification (ES=+0.15, n.s.), Word Attack (ES=+0.32, $p<.05$), Passage Comprehension (ES=+0.08, n.s.), and DIBELS (ES=+0.12, n.s.), for a mean of +0.17.

B. Chambers, Slavin, Madden, Abrami, Tucker, Cheung, & Gifford (2008) carried out a randomized evaluation of high-poverty Hispanic schools in Los Angeles and Las Vegas. Both were multi-track, year-round *Success for All* schools. On entry to first grade, children were assigned at random to tracks (groups that follow a particular schedule of attendance and vacations). Then one track was randomly assigned to the experimental group (N=75) and one to the control group (N=84). Tutoring was provided in both conditions as part of *Success for All*, and in the experimental group tutored children received computer-assisted tutorials as well as *Reading Reels*. Children were pretested in September 2004 on the Woodcock Letter-Word Identification Scale, and

posttested in the May 2005 on the Woodcock Letter-Word and Word-Attack measures and the Gray Oral Reading Test (GORT) Fluency and Oral Reading scales. Adjusted for pretests, posttest effect sizes were +0.33 ($p < .01$) for Letter-Word, +0.28 ($p < .05$) for Word Attack, +0.28 ($p < .05$) for GORT Fluency, and +0.17 for GORT Comprehension, an average effect size of +0.27. To disentangle effects of the computer-assisted tutoring intervention, effects were computed for non-tutored students. The mean effect size across the four measures was +0.23, indicating a positive effect for children who received only the *Reading Reels* intervention.

The weighted mean across the two studies of embedded multimedia was +0.20.

Conclusions: Instructional Technology

Across 10 qualifying studies, the weighted mean effect size for all technology approaches was only +0.11. A large, randomized study by Dynarski et al. (2007) found no impact of five current supplemental CAI models. This study's findings greatly affected the weighted mean of six studies of supplementary CAI, estimated at +0.09. The weighted mean effect size for decoding measures, also greatly affected by the Dynarski et al. (2007) findings, was only +0.07, although comprehension/total reading effects averaged +0.20. Large effect sizes were reported in small, matched studies of *Waterford* and *WICAT*. A very different approach to technology, *Reading Reels*, had modest positive effects in two large randomized experiments (weighted mean $ES = +0.20$). *Reading Reels* uses videos embedded in core instruction in *Success for All*. With these potentially promising exceptions, research on the use of technology in beginning reading instruction does not support use of the types of software that have been most commonly used. This conclusion agrees with findings for computer assisted instruction in the upper elementary grades (Slavin et al., 2008a) and with the findings of a review of CAI by Kulik (2003).

Instructional Process Programs

Instructional process programs are methods that focus on providing teachers with extensive professional development to implement specific instructional methods. These fell into three categories. *Cooperative learning* programs (Slavin, 1995, in press) use methods in which students work in small groups to help one another master academic content. *Phonological awareness training* is an approach that gives teachers strategies for building phonics and phonemic awareness skills. *Phonics-focused professional development models*, including *Reading and Integrated Literacy Strategies (RAILS)*, *Sing, Spell, Read, and Write*, *Ladders to Literacy*, and *Orton Gillingham*, provide training to teachers to help them effectively incorporate phonics, phonemic awareness, and other elements in beginning reading lessons. Note that programs combining instructional process approaches with innovative curricula, such as *Success for All* and *Direct Instruction*, are reviewed in a separate section of this article.

Descriptions and outcomes of all studies of instructional process programs meeting the inclusion criteria appear in Table 3.

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TABLE 3

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Cooperative Learning Programs

Classwide Peer Tutoring

Classwide Peer Tutoring, or *CWPT* (Greenwood, Delquadri, & Hall, 1989), is a cooperative learning approach in which children regularly work in pairs. They engage in structured tutoring activities and frequently reverse roles. The pairs are grouped within two large teams in each classroom, and tutees earn points for their team by succeeding on their learning tasks. A winning team is determined each week, and receives recognition.

A remarkable four-year longitudinal study by Greenwood et al. (1989) evaluated *CWPT*. In it, six high-poverty schools in Kansas City, Kansas, were randomly assigned to *CWPT* or control conditions. Because analysis was at the student level, this was a randomized quasi-experiment. The children and teachers began in Grade 1 and continued through Grade 4. A total of 123 students began in the experimental and control schools in first grade and continued through fourth grade, about half of the initial group.

At posttest, analyses of covariance indicated significantly higher achievement for the *CWPT* group on the reading section of the Metropolitan Achievement Test ($ES=+0.57$, $p<.001$). A two-year followup, when children were in sixth grade, found that *CWPT* students maintained their advantage over the control students ($ES=+0.55$, $p<.05$) (Greenwood, Terry, Utley, Montagna, & Walker, 1993).

Peer-Assisted Literacy Strategies (PALS)

Peer-Assisted Literacy Strategies, or *PALS*, is a technique in which children work in pairs, taking turns as teacher and learner, to learn a structured sequence of literacy skills, such as phonemic awareness, phonics, sound blending, passage reading, and story retelling. Children use a simple error-correction strategy with each other, under guidance from the teacher.

Mathes & Babyak (2001) carried out an evaluation of *PALS* over a 14-week period in a medium-sized district in Florida. Two main treatments, *PALS* and control, were compared (a third treatment was used for only 6 weeks). The students were 63% White, 36% African American. Ten first grade classes were randomly assigned to *PALS* ($n=61$) and 10 to control ($n=49$) in a randomized quasi-experiment. On Woodcock scales, adjusting for pretests, effect sizes averaged $+0.51$ for Word Identification, $+0.92$ for Word Attack, and $+0.41$ for Passage Comprehension, for a mean of $+0.61$. Effects were more positive for low achievers ($ES=+0.61$) and for average achievers ($ES=+0.98$) than for high achievers ($ES=+0.25$).

A small 20-week study by Calhoun, Otaiba, Greenberg, King, & Avalos (2006) evaluated *PALS* in three majority-Hispanic schools in a New Mexico border town. Overall, 68% of first graders were Hispanic and 32% were White; 75% received free lunches. Six classrooms within 3 Title I schools were randomly assigned to conditions, making this a randomized quasi-experiment (RQE). Students were pre- and posttested on the DIBELS. A total of 78 children (n=41 E, 37 C) completed pre- and posttests. Effect sizes were +0.58 ($p < .01$) for Nonsense Word Fluency, and 0.00 (n.s.) for Oral Reading Fluency, for a mean of +0.29. Patterns for Hispanic and non-Hispanic children varied by subscale, but overall effects were similar.

Calhoun, Al Otaiba, Cihak, King, & Avalos (2007) evaluated *PALS* in a 16-week experiment among first graders in 3 schools on the US-Mexico border. 79% were Hispanic, 28% were English language learners, and 88% received free lunches. The schools used a two-way bilingual education approach, in which students received roughly equal amounts of Spanish and English instruction throughout the day. Six classes were randomly assigned to *PALS* (n=43) or control (n=33), making this a randomized quasi-experiment. On DIBELS scales, adjusting for pretest differences, effect sizes were +0.51 ($p < .05$) for Nonsense Word Fluency, +0.20 (n.s.) for Letter Naming Fluency, and +0.29 ($p < .05$) for Oral Reading Fluency, for a mean of +0.33. Outcomes were more positive for ELLs on Nonsense Word Fluency and Letter Naming Fluency, but more positive for English proficient children on Oral Reading Fluency.

In a 16-week experiment, Mathes, Torgesen, and Allor (2001) evaluated *PALS* among first graders in a southeastern district. Three treatments were compared, but one, a combination of *PALS* and computerized phonological awareness training, had pretest differences with the control group of more than 50% of a standard deviation. Students were 65% White and 32% African American. Twelve classes were assigned to *PALS* (n=84) and twelve matched classes were assigned to a control condition (n=56). All students were pre- and posttested on Woodcock and TERA-2 measures. Total Woodcock effect sizes were +0.39 for Word Identification, +0.59 for Word Attack, and +0.56 for Passage Comprehension, and for TERA-2 they were +0.48, for a mean of +0.50. Effects were larger for low achievers (ES=+0.65) than for average achievers (ES=+0.37) or high achievers (ES=+0.30).

Mathes, Howard, Allen, & Fuchs (1998) evaluated *PALS* in a 16-week study in a southeastern city. Twenty first grade teachers in 6 schools participated. Assignment was partly random and partly matched, so this was considered a matched study. Three low achievers and one average and one high achiever were randomly selected within each class for measurement, so the total sample was 48 children in 10 *PALS* classes and 48 children in 10 control classes. *PALS* procedures were used 3 times a week in 35-minute sessions focusing on sounds and words and partner read-alouds, while control classes were described as using traditional whole language models. On Woodcock scales, adjusted for pretests, posttest effect sizes were +0.21 for Word Identification, +0.54 for Word Attack, and +0.37 for Passage Comprehension, for a mean of +0.37. Effects were positive for low achievers (mean ES=+0.60) and average achievers (mean ES=+0.44) but not high achievers (mean ES=+0.08).

Mathes, Torgesen, Clancy-Menchetti, Sani, Nicholas, Robinson, & Grek (2003) evaluated *PALS* with low-achieving first graders in a 16-week study in a southeastern school district. Teachers were assigned to one of three conditions: *PALS* (N=7 teachers, 31 students); teacher-directed small-group instruction (TDI), a small group model that used the same curriculum but no peer activities (N=7 teachers, 30 students); and an untreated control group (N=8 teachers, 28 students). Although teachers were randomly assigned to *PALS* and *TDI* conditions, and some were randomly assigned to the control group, other controls were matched, so the overall design is considered matched. Students in *PALS* classes experienced three 35-minute sessions each week, while those in *TDI* received three 30-minute sessions each week. The students in the *PALS* condition gained substantially more than controls on all measures, although not all differences were statistically significant. Averaging across five subtests, shown in Table 3, *PALS* students averaged an effect size of +0.43 in comparison to controls after adjusting for pretests. However, *PALS* students scored non-significantly less well than those in the *TDI* condition.

Across 6 small studies of *PALS*, the weighted mean effect size was +0.44, and adding in the CWPT study, the mean for seven small studies of cooperative learning was +0.46.

Phonological Awareness Training

Phonological Awareness Training: Norway

In a Norwegian study, Lie (1991) compared two phonological awareness training approaches in first grade in terms of effects on end of grades 1 and 2 reading. One treatment, called “sequential analysis,” focused on teaching children to identify phonemes in a word in sequence, and to blend phonemes. A second treatment, “positional analysis,” focused on teaching children to identify initial, final, and medial sounds in spoken words. A control group received no phonological awareness training. Ten first-grade classes in Halden, Norway were randomly assigned as follows: Sequential (n=3 classes, 52 students), positional (n=3 classes, 60 students), or control (n=4 classes, 96 students). The small number of classes makes this a randomized quasi-experiment. On standardized Norwegian reading tests, adjusted for pretests, effect sizes for the sequential group were +0.56 (p<.05) at the end of grade 1 and +0.39 (p<.10) at the end of grade 2. Corresponding effect sizes for the positional treatment were +0.12 (n.s.) in first grade and +0.22 (n.s.) in second grade. Averaging across the two phonological awareness treatments, effect sizes were +0.34 in first grade and +0.30 in second grade.

Phonological Awareness Training: Denmark

Lundberg, Frost, & Petersen (1988) carried out an influential study in which Danish kindergartners were given a year-long training program in phonemic awareness. Children received daily 15-20 minute sessions of metalinguistic exercises and games. The 235 children in the experimental group were in 12 classes on a rural island, while 155

matched control children were in a rural area of the mainland. Control children did not receive any instruction in reading, as consistent with Danish policies.

At the end of kindergarten, the experimental children of course scored much better than controls on tests of phonological skills. Of greater interest was that at the end of Grades 1 and 2, reading scores on a Danish reading test favored the experimental group. Adjusting for pretest differences, effect sizes were +0.40 ($p < .10$) in first grade and +0.48 ($p < .05$) in second grade, showing a lasting impact of the phonological awareness training.

Phonological Awareness Training: Germany

Schneider, Küspert, Roth, Visé, & Marx (1997) reported two German studies of the long-term impact of phonological awareness training in kindergarten, replicating a study by Lundberg, Frost, & Petersen (1988) involving Danish kindergartners. In the first of the Schneider et al. studies, 205 children in 11 kindergarten classes in rural Germany received phonological awareness training 15-20 minutes daily for six months. Control children ($n=166$ in 12 classes) were not taught reading at all, as consistent with German practice at the time. They were matched on pretests and demographics. Not surprisingly, the experimental group scored substantially better at the end of kindergarten. Of greater interest, German reading tests showed significant differences at the end of first grade ($ES=+0.29$, $p < .05$) but not at the end of second grade ($ES=-0.19$, n.s.).

In a replication in a different rural area, 191 children in 11 kindergarten classes were given phonemic awareness training and compared to 155 control children in 7 control classes, matched on pretests and demographics. Again, there were substantial phonemic awareness differences at the end of kindergarten, but in this study there were significant positive effects on a German reading measure at the end of grade 1 ($ES=+0.53$, $p < .05$) and at the end of grade 2 ($ES=+0.33$, $p < .05$).

Phonological Awareness Training: U.S.

Blachman and her colleagues developed and evaluated a phonological awareness training program in grades K-1. Children in two high-poverty (85% free lunch) schools in Syracuse, New York, received the experimental treatment, while two schools matched on SES, race, free lunch, and pretest scores served as controls. The experimental treatment began in February of kindergarten, and continued through the end of first grade. In kindergarten, children in experimental schools participated in heterogeneous groups of 4-5 taught by teachers and assistants. In first grade, the children in the experimental schools were divided into 11 homogeneous groups of 6-9, each taught by a different teacher. Both experimental and control classes received 30-minute lessons each day. The experimental group received lessons that reviewed phonemic awareness skills, introduced all letter names and letter sounds, and used phoneme analysis and blending to decode phonetically regular words. Lessons also introduced high-frequency sight words, as well as reading of phonetically controlled readers and selected basal stories. In contrast, control classes used the traditional *Scott Foresman* basal reading program and students read trade books from

their school library. Experimental teachers received 13 2-hour in-service sessions over the first grade year.

The main focus of the evaluation was on end-of-first grade measures (N=66 E, 62 C). The experimental group scored higher on all measures: Woodcock Word Identification (ES=+0.28), Decoding of Real Words (ES=+0.64), and Decoding of Non-Words (ES=+0.74), for a mean effect size of +0.55. A follow-up assessment at the end of second grade (n=58 E, 48 C) found that positive effects maintained. Effect sizes were +0.31 for Woodcock Word Identification, +0.34 for Decoding of Real Words, and +0.36 for Decoding of Non-Words, for a mean effect size of +0.33.

Across five phonological awareness training studies, weighted mean effect sizes at the end of first or second grade were +0.22.

Phonics-Focused Professional Development Models

Sing, Spell, Read, and Write

Sing, Spell, Read, and Write (SSRW) is a phonetic approach to beginning reading and writing instruction that uses songs, phonetic storybooks, and systematic, step-by-step development of word attack skills. Students' progress is carefully monitored and celebrated.

Bond, Ross, Smith, & Nunnery (1995/1996) carried out a large one-year evaluation of *SSRW* with children in grades K-1 in Memphis. Eight schools using the program were matched with eight control schools, based on percent free lunch, state test scores, and percent African American. Individual classes within *SSRW* and control schools were matched on state test scores and class size. A random sample of 252 students across schools was individually pretested, and the two groups did not differ. At posttest, a 50% random sample was selected for individual assessments in grades K-1 (kindergarten n=75E, 65C; first grade n=137E, 139C).

Outcomes favored *SSRW* at both grade levels. On Woodcock Letter Word Identification, ES=+0.44 (p<.01) for kindergarten, ES=+0.22 (p<.01) for first grade. Woodcock Word Attack effect sizes were +0.66 (p<.001) for kindergarten and +0.64 (p<.001) for first grade. On the Durrell Oral Reading Test, however, effect sizes were not significant. For kindergarten the effect size was +0.13 (n.s.) and for first grade it was +0.03 (n.s.). Averaging across the three reading measures, effect sizes were +0.41 for kindergarten and +0.30 for first grade.

Jones (1995) evaluated *Sing, Spell, Read, and Write* in a 7-month study in an Appalachian Mississippi elementary school. The first graders were 78% White and 22% African American, and 55% received free or reduced-price lunches. The *SSRW* students (n=50) were in two classes, and two matched classes (n=47) received a "modified whole language" approach that incorporated a phonetic *Writing Road to Reading* text as well as

big books and writing activities. On Gates MacGinitie Reading Comprehension tests, adjusting for pretests, the *SSRW* children scored somewhat higher ($ES=+0.21$).

Reading and Integrated Literacy Strategies (RAILS)

Reading and Integrated Literacy Strategies (RAILS) is a professional development approach primarily intended for high-poverty schools with many students at risk. It provides children in grades K-2 with a second 20-minute reading period each day to supplement their 60-90 minute regular reading, and provides teachers with extensive professional development focusing on explicit instruction in phonemic awareness, phonics, comprehension, and vocabulary. *RAILS* was evaluated by Stevens, Van Meter, Garner, Warcholak, Bochna, & Hall (2008) in three low-achieving schools in a small city in central Pennsylvania. Most students were White (94%), and 71% received free or reduced-price lunches. Two cohorts were followed over a two-year period, from K to 1 or 1 to 2. Two schools ($n=62$ K-1, 50 1-2) used *RAILS* and one matched school ($n=67$ K-1, 58 1-2) served as a control group. Students were pre- and posttested on the Metropolitan Achievement Test. Posttest effect sizes adjusted for pretests were +0.39 for the K-1 cohort and +0.43 for the 1-2 cohort, for a mean of +0.41.

Ladders to Literacy

Ladders to Literacy is a professional development program for kindergarten that focuses on phonics and phonemic awareness, rhyming, and letter sounds. Teachers receive extensive training and followup. Most *Ladders to Literacy* studies have taken place within the kindergarten year, and are described later in this article under kindergarten-only studies. However, one study, by O'Connor (1999, Study 1) included a follow-up assessment to the end of first grade and is reviewed here. Two *Ladders to Literacy* schools in a large urban district were compared to two schools matched on pretests, ethnicity, and special education rates. Overall, the schools were approximately 46% African American, 51% White. Analyses were presented for "typical learners" and "children at risk", but there were too few "children at risk" in the control group to include in this review. N 's for typical learners were 64E, 41C. Controlling for Woodcock pretests, children in the *Ladders to Literacy* treatment scored higher than controls on Woodcock Letter Word Identification ($ES=+0.92$, $p<.01$). A one year follow-up at the end of first grade (O'Connor, Notari-Syverson & Vadasy, 1996) found that the differences were no longer statistically significant, and the effect size on Woodcock Letter-Word Identification was near zero ($ES =+0.02$), adjusting for kindergarten pretests. However, there were non-significant but notable effects on Woodcock Word Attack ($ES =+0.38$, n.s.), for a mean effect size of +0.20.

Orton Gillingham

Orton Gillingham is a structured, phonetic reading approach that uses multisensory teaching, emphasizing visual, auditory, kinesthetic, and tactile teaching strategies. An adaption of the *Orton Gillingham* method called *Alphabetic Phonics* was evaluated in four inner-city schools in the Southwest by Joshi, Dahlgren, & Boulware-

Gooden (2002). Two first-grade classes (n=24) used *Alphabetic Phonics* and two (n=32) in the other schools used a standard Houghton Mifflin basal. The schools averaged 53% minority (mostly African American) and 81% free or reduced lunch. Adjusting for pretests, differences favored the *Alphabetic Phonics* group on Word Attack (ES=+0.28, p<.01) and Gates MacGinitie Comprehension (ES=+0.58, p<.02), for an average effect size of +0.43.

Across five studies of phonics-focused professional development, the weighted mean effect size was +0.32.

Other Professional Development Models

Four Blocks

The *Four Blocks* literacy model is a professional development approach in which teachers in grades 1-3 use nonability-grouped, multi-level instruction. The four “blocks” of daily lessons are guided reading (comprehension), self-selected reading, writing, and working with words (decoding). Teachers receive extensive training in effective use of each of these elements.

A small study of the *Four Blocks* program was carried out by Scarcelli & Morgan (1999) in a Title I school in Virginia Beach, Virginia. Two intact classes of first graders using *Four Blocks* (n=25) were compared to two using a whole language model (n=30). The groups were fairly well matched on Gates MacGinitie pretests, but at posttest the *Four Blocks* students scored much higher on Gates tests (adjusted ES=+0.56, p<.036). Particularly positive results were reported for the lowest-achieving third of the classes.

Conclusions: Instructional Process Programs

As was true in the Slavin et al. (2008a) upper elementary reading review and the Slavin et al. (2008b) secondary reading synthesis, effects for instructional process programs were very positive. Across 18 studies, the weighted mean effect size for instructional process approaches in beginning reading was +0.31. The mean was +0.41 for decoding measures and +0.26 for comprehension/total reading measures. In particular, positive effects were seen on cooperative learning programs such as *Peer-Assisted Learning Strategies (PALS)* and *Classwide Peer Tutoring* (mean ES=+0.46), phonics-focused professional development programs such as *Sing, Spell, Read, and Write*, and *RAILS* (mean ES=+0.32), and teaching of phonological awareness to kindergartners (mean ES=+0.22 on tests at the end of first or second grade).

Combined Curriculum and Instructional Process Approaches

Evaluations of programs that provide complete curricula as well as extensive professional development in classroom instructional processes are summarized in Table 4. These consist of two programs, *Success for All* and *Direct Instruction*.

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TABLE 4 HERE

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Success for All

Success for All (SFA) is a comprehensive school reform program designed to ensure success in reading for children in high-poverty schools (Slavin & Madden, 2001). It provides schools with a K-5 reading curriculum that focuses on phonemic awareness, phonics, comprehension, and vocabulary development, beginning with phonetically-controlled mini-books in grades K-1. Cooperative learning is extensively used at all grade levels. Struggling students, especially first graders, receive one-to-one tutoring. Children are frequently assessed on curriculum-based measures, and these are used to regroup children into reading groups according to current reading level, across grade lines. Extensive professional development and a full-time facilitator help teachers effectively apply all program elements. A Solutions Team works with parents to help them support their children's achievement and to deal with issues such as attendance and behavior problems.

Evaluations of *Success for All* have been done by many researchers throughout the U.S. and elsewhere, but most have used a similar set of measures and procedures. Usually, kindergarten students in *SFA* and matched control schools are individually assessed on PPVT and/or Woodcock Letter-Word scales. They are then individually tested each spring, usually for multiple years, on the Woodcock Letter-Word, Word Attack, and Passage Comprehension scales, and (in most studies) the Durrell Oral Reading Test. Analyses of covariance compare experimental and control schools on each measure, controlling for pretests.

The largest and most important evaluation of *Success for All* was a three-year longitudinal cluster randomized experiment (Borman, Slavin, Cheung, Chamberlain, Madden, & Chambers, 2007). In this study, 35 Title I schools throughout the U.S. were randomly assigned to use *Success for All* either in grades K-2 or 3-5. The 3-5 group served as a control group for the K-2 schools. A total of 2108 K-2 children (1085 E, 1023 C) remained in the study schools all three years, 63% of those originally tested in kindergarten. Attrition was equal in the two treatment groups. Among the final sample, 72% of students received free lunches, and 57% of students were African American, 31% were White, and 10% were Hispanic.

Children were pretested on the PPVT and then individually tested on scales from the Woodcock Reading Mastery Test each spring for three years. Testers were not aware of the treatment assignments of each school. Data were analyzed using HLM, with children nested within schools. Using individual posttests adjusted for pretests, effect sizes were +0.22 ($p < .05$) for Word Identification, +0.33 ($p < .01$) for Word Attack, and +0.21 ($p < .05$) for Passage Comprehension, for a mean of +0.25.

Other than the Borman et al. study, all studies of Success for All have used matched designs. The largest and longest of these was a longitudinal matched study of the five original *SFA* schools in Baltimore (Madden, Slavin, Karweit, Dolan, & Wasik, 1993; Slavin, Madden, Dolan, & Wasik, 1993). In this study, students in five inner-city Baltimore schools were individually matched with those in similar control schools. Individual matching was based on spring kindergarten CTBS or CAT scores administered by the district, and school matching was based on free lunch and historical achievement levels on district standardized tests. All children were African American, and approximately 95% of children qualified for free lunches.

Each spring, children in all *SFA* and control schools who had begun in their schools by first grade were individually assessed on the Woodcock Word Identification, Word Attack, and Passage Comprehension tests. Students in grades 1-3 were also given the Durrell Oral Reading Test, while those in grades 4-5 were given the Gray Oral Reading Test. Testers were not made aware of the schools' treatment assignments. Children were followed and tested as long as they remained in their schools, even if they were retained or assigned to special education. Each year, an additional cohort was added.

A major report on the evaluation was published in the *American Educational Research Journal* after three years (Madden et al., 1993). At that point, the third grade cohort had been in *SFA* or control schools for three years, the second grade for two, and the first grade for one. Averaging across the four measures, the mean pretest-adjusted effect size was +0.57 for third graders ($n = 205E, 205C$), +0.60 for second graders ($n=220E, 220C$), and +0.51 for first graders ($n=246E, 246C$). All comparisons on all measures were statistically significant ($p<.001$) in individual-level ANCOVAs. Separate analyses for children whose kindergarten scores put them in the lowest 25% of their grades found more positive effect sizes for this subgroup: $ES=+0.98$ for third graders, $ES=+1.00$ for second graders, and $ES=+0.82$ for first graders.

Data collected two years later, when the oldest cohort was in fifth grade, revealed similar differences (Slavin et al., 1993). Averaging across the three Woodcock measures, the two Gray measures, and district-administered CTBS scores, the mean effect size for fifth graders, who were in their fifth year in *SFA*, was +0.48 ($n=128E, 159C$), and $ES=+0.45$ for fourth graders ($n=151E, 155C$). Averaging across three Woodcock scales, the Durrell, and CTBS, effect sizes were +0.49 for third graders ($n=151E, 187C$), +0.32 for second graders ($n=204E, 233C$), and +0.55 for first graders ($n=256E, 301C$). All comparisons were statistically significant ($p<.001$). As in the earlier analyses, effect sizes were larger for students in the lowest 25% at pretest: $ES=+1.03$ for fifth graders, +0.80 for fourth graders, +1.32 for third graders, +0.92 for second graders, and +1.18 for first graders. Averaging across all grades, the mean effect size was +0.46 for all students and +1.05 for low achievers.

Beyond the achievement effects, Slavin et al. (1993) also reported a substantial difference in retention rates between *SFA* and control schools. By fifth grade, 34.9% of control students but only 11.2% of *SFA* students had been held back ($p<.001$). According

to state data, third grade absences in 1993 were 8.8% in *SFA* schools and 13.5% in control, and among fifth graders the rates were 6.4% in *SFA*, 13.7% in control.

Borman & Hewes (2002) carried out a follow-up assessment of children in the first four Baltimore cohorts when they were in the eighth grade (if they had been promoted each year). Since *SFA* schools only went to the fifth grade, these students would have been out of the *SFA* program for at least 3 years. Analyses showed that former *SFA* students still scored better on CTBS than controls ($ES=+0.29$, $p<.001$). Effect sizes were similar for the lowest achievers ($ES=+0.34$). The *SFA* students were also significantly less likely to have been retained or assigned to special education.

Nunnery, Slavin, Madden, Ross, Smith, Hunter, & Stubbs (1996) carried out a large evaluation of *Success for All* in Houston. Two samples were evaluated: Students taught in English were in 46 *SFA* and 18 control schools, and students taught in Spanish were in 20 *SFA* and 10 control schools. Approximately 79% of students qualified for free lunches, and virtually all students were African American (48%) or Hispanic (52%). The schools were matched on free lunch, ethnicity, and pretest scores, the Language Assessment Scales (LAS).

Schools using *SFA* chose one of three levels of implementation: Minimal, medium, or high. The minimal level provided little tutoring for struggling students, used part-time facilitators, and did not have Solutions Teams. Full implementers had extensive tutoring from certified tutors, had full-time facilitators, and had Solutions Teams. “Medium” schools fell between the other categories. The high implementation condition represents the full *SFA* program. Two English cohorts were studied, one that experienced *SFA* for two years (to second grade; $n=595$) and one that participated for one year (first grade only; $n=682$). Across three Woodcock measures and the Durrell Oral Reading Test, effect sizes for second graders (adjusted for pretests) averaged -0.30 for low implementers, -0.11 for medium implementers, and $+0.16$ for high implementers, for a mean of -0.08 . For the first grade cohort, respective effect sizes were -0.25 , $+0.22$, and $+0.31$, for a mean of $+0.09$. In the Spanish cohort ($n=278$), which experienced *SFA* only in first grade, effect sizes were $+0.15$ for low implementers and $+0.26$ for medium, for a mean of $+0.21$. Effects were more positive for African American than for Hispanic students. Averaging across all three cohorts, the sample size-weighted effect size was $+0.05$ across all levels of implementation, although the mean for the full program was $ES=+0.23$.

Livingston & Flaherty (1997) carried out a 2-year longitudinal evaluation of *Success for All* in multilingual schools in Modesto and Riverside, California. Three *SFA* schools were compared to three control schools matched on demographics, prior achievement, and approach to instruction for ELLs. Overall, the schools were 72% free lunch, and 43% Hispanic, 34% Anglo, 12% Asian, and 6% African American, and 35% were considered English Language Learners (ELLs). One *SFA* school and its matched control school taught students speaking many languages using a sheltered English strategy. The other two had many Spanish-dominant ELLs, and used a transitional bilingual approach. The analyses combined children across schools who fell into four

categories: English-speaking students, Spanish bilingual students (taught and tested in Spanish), Spanish ESL students (taught and tested in English), and other ESL students. Because the numbers of Spanish ESL students was small, the last two categories are combined in this review. There were three cohorts. One was followed through first grade, one through second grade, and one through third grade (but ESL and bilingual cohort data for third graders could not be used because higher-achieving students were transitioned out of their program in third grade).

Students were pretested on the English or Spanish version of the PPVT in kindergarten, and this score was used as a covariate in all analyses. The posttests for the English and ESL cohorts were Woodcock Letter-Word Identification, Word Attack, and Passage Comprehension, and the Durrell Oral Reading test. For the Spanish bilingual group, Spanish Woodcock scales were used.

For the English-speaking cohorts ($n=272E$, $184C$), PPVT-adjusted effect sizes were $+0.23$, and $+0.34$ for the second-grade cohorts and $+0.27$ for the first-grade cohort, for a mean of $+0.28$. For the Spanish bilingual students ($n=87E$, $93C$), effect sizes were $+1.40$, $+0.72$, and $+0.19$ for the three cohorts, for a mean of $+0.77$. Means for ESL students ($n=80E$, $112C$) for the three cohorts were $+0.49$, $+0.47$, and $+0.32$, for a mean of $+0.43$. Weighted mean effect sizes across all cohorts and all groups were $ES=+0.49$ (total $n=439E$, $389C$).

Ross, Nunnery, & Smith (1996) evaluated *Success for All* in first grades in two schools in the Amphitheater District near Tucson, Arizona. Each school was matched with two control schools based on prior achievement, percent free lunch, and ethnicity. Overall n 's were $169E$, $371C$. About 23% of children were Spanish-dominant and 13% were ELLs. Averaging across three Woodcock scales and the Durrell, adjusted for PPVT pretests, effect sizes averaged $ES=+0.47$ ($p<.05$).

Jones, Gottfredson, & Gottfredson (1997) carried out a three-year evaluation of *Success for All* in an African-American school in Charleston, South Carolina, in comparison to a school matched on demographics and pretests. Three cohorts were followed. Cohort 1 ($N=113E$, $59C$) was pretested in fall of first grade on the CSAB and then posttested in first, second and third grades. Cohort 2 ($N=109E$, $48C$) was pretested in fall of kindergarten on CSAB and the Metropolitan and then posttested in K, 1, and 2. Cohort 3 ($N=117E$, $52C$) was pretested in fall of K and then posttested in K and 1 only. In each case, individually-administered tests (Woodcock, Merrill, CSAB) as well as group administered tests (BSAP Reading, SAT Reading) were given as posttests, but in the final year for each cohort, only group-administered tests were given. It is important to note that Hurricane Hugo substantially damaged the SFA school and caused it to be closed for several months during Year 1 of the study.

Outcomes on various tests were quite diverse. Controlling for pretests and averaging across cohorts, kindergarten scores strongly favored the *SFA* school on the Woodcock scale ($ES = +0.98$). First grade scores were positive on two Woodcock and two Durrell scales ($ES= +0.20$), but not on group-administered SAT or BSAP scores (ES

= -0.03), for a mean of +0.07. Second grade means (ES = +0.10) and the Cohort 1 third grade mean (ES = -0.06) were also small. Averaging across cohorts and grades, the mean effect size was +0.27. Students in the *SFA* school were also more likely than controls to be promoted from first to second grade (ES = +0.35) and from second to third grade (ES = +0.24).

B. Chambers et al. (2005) evaluated the reading achievement of kindergarten and first grade children in four *Success for All* and four matched control schools in mostly Hispanic minority communities in various locations in the U.S. The *Success for All* schools also used *Reading Reels*, an embedded multimedia approach, as part of daily instruction. The results indicate that students who experienced *Success for All* with *Reading Reels* (n=311) scored significantly higher than control students (n=144) on Woodcock Letter-Word, Word Attack, and Passage Comprehension, controlling for Woodcock Letter-Word Identification pretests, with a mean effect size for kindergarten of +0.36 and for first grade of +0.20.

Ross, Smith, & Casey (1994) evaluated *SFA* in a rural school in Caldwell, Idaho, in comparison to a school using traditional basals with most students supplemented by *Reading Recovery* with struggling first graders. Three cohorts (K-1, K-2, and 1-3) were combined for analysis (n=223E, 147C), with a mean effect size of -0.10 on Woodcock and Durrell measures, controlling for PPVT.

Ross & Casey (1998b) studied *SFA* in 8 schools (151E, 205C) in Ft. Wayne, Indiana that were 75% free lunch and 45% minority (mostly African American). Students were pretested in kindergarten and posttested at the end of first grade. Mean effect sizes across Woodcock and Durrell measures were +0.25 (adjusting for pretests).

A three-year longitudinal evaluation of *SFA* was carried out by the Louisville, Kentucky school district (Muñoz & Dossett, 2004). Three *SFA* schools were matched with three controls on CTBS scores, poverty, mobility, and attendance. Approximately 85% of students received free lunches, and 57% were minorities. Third graders were compared after three years in *SFA* on district-administered CTBS-Reading scores. Sample sizes were 217E, 132C. Controlling for Stanford Diagnostic Reading Tests, *SFA* students scored significantly higher than controls (ES=+0.15, p<.05).

Dianda & Flaherty (1995) evaluated *Success for All* over a two-year period in three California schools. The schools were matched with similar control schools in their districts based on ethnicity, percent English language learners, free lunch, and prior state tests, and Peabody Picture Vocabulary Test scores at the beginning of kindergarten were nearly identical for *SFA* and control schools. The overall sample was 42% Hispanic, 34% Anglo, and 32% ELL, with 72% of students qualifying for free lunch.

A focus of the study was on English language learners. Two of the schools had many Spanish-dominant ELLs and offered these students bilingual instruction, while the third school taught only in English and had many ELLs speaking a wide variety of

languages. Control schools had similar distributions and had the same language policies as their SFA counterparts.

Overall, adjusting for PPVT pretests, students in the *SFA* schools (N=131) scored significantly higher than controls (N=188) on three individually-administered Woodcock scales: Letter-Word Identification (ES=+0.46), Word Attack (ES=+0.36), and Passage Comprehension (ES=+0.45). Averaging across the 3 Woodcock measures, effect sizes were positive for English speakers (ES=+0.55), Spanish bilingual students (ES=+0.84), Spanish-dominant students in sheltered English classes (ES=+0.82), and speakers of languages other than English in sheltered English (ES=+0.11). The overall effect size was +0.42.

Ross & Casey (1998a) evaluated *SFA* in four middle class schools in a suburb of Portland, Oregon. The schools were 12% to 17% minority and 11% to 21% free lunch. Two schools used *SFA* and were matched based on percent free lunch, ethnicity, and historical achievement levels with two comparison schools. Students in kindergarten and first grade were pretested on PPVT and posttested on three Woodcock measures and the Durrell Oral Reading Test. Sample sizes for kindergarten were 156E, 109C, and for first grade they were 156E, 160C. On average, adjusted scores showed no differences at kindergarten (ES=+0.07) or first grade (ES=-0.01).

Ross, Smith, & Casey (1997) evaluated *Success for All* over a 2-year period in Clarke County, Georgia. Two *SFA* schools were matched with one control school based on student demographics and achievement levels. The schools were lower to lower-middle class, with 27% to 45% African Americans and 12% Hispanics. Students were pretested on PPVT then posttested on three Woodcock scales and Durrell Oral Reading. Two cohorts had been in *SFA* in K-1 (94E, 41C) or 1-2 (106E, 40C). Adjusted effects on the four individually administered measures were +0.27 for the K-1 cohort but only +0.03 for the 1-2 cohort, for a mean of +0.15.

Ross, Smith, & Casey (1995) carried out a 3-year evaluation of *Success for All* in two Title I schools in Ft. Wayne, Indiana. Three cohorts of students were followed. One was pretested on the PPVT in fall of kindergarten and posttested in spring of second grade (N=59T, 47C), one was pretested in K and posttested in third grade (N=54E, 20C), and one was pretested in fall of first grade and posttested in fourth grade (N=45E, 32C). Averaging across the Woodcock Word Identification, Word Attack, and Passage Comprehension and Durrell Oral Reading, effects were near zero for second grade (ES=+0.10), third grade (ES=-0.10), and fourth grade (ES=0.00), for a mean ES=0.00.

Casey, Smith, & Ross (1994) evaluated *Success for All* in three high-poverty African American schools in Memphis. Individual first graders in each school (total n=116) were matched with those in a single control school (n=73) based on individually administered Woodcock Letter Identification scores. At posttest, adjusted for the Letter ID scores, effect sizes averaged ES=+0.52 for Word Identification, ES=+1.03 for Word Attack, +0.63 for Passage Comprehension, and ES=+0.42 for Durrell Oral Reading, for a

mean of +0.65. Analyses for children in the lowest 25% of their grade at pretest showed similar effect sizes (ES=+0.54).

A Montgomery, Alabama study by Ross, Smith, & Bond (1994) compared two *SFA* and two matched control schools. Two cohorts (K-1 and 1-2) were followed over 2 years. On Woodcock and Durrell measures, controlling for PPVT, first graders (ES=+0.39) scored substantially higher than controls, as did second graders (ES=+1.15), for a mean effect size of +0.62.

The first school to implement *Success for All* in Memphis was evaluated by Smith, Ross, & Casey (1994) over a four-year period. Florida Elementary, a high-poverty African American school, was compared to a matched control school among first to fourth graders. Students were pretested on the PPVT and then assessed each spring on three Woodcock scales. Students in grades 1-3 were also tested on the Durrell Oral Reading Test, and fourth graders were tested on the Gray. Effects for first graders (n=27E, 36C) were very positive, averaging across the four individually administered tests adjusted for pretests (ES=+1.15, $p<.01$). Second graders had an effect size of +0.08, third graders an effect size of +0.56, and fourth graders +0.04, for a mean of +0.60.

Wasik & Slavin (1993) evaluated *SFA* in a three-year study in a school in Charleston, South Carolina. Forty percent of students qualified for free lunch and 60% were African American. There were 3 cohorts, K-1, K-2, and K-3. On three Woodcock measures and the Durrell, controlling for PPVT, effect sizes were +0.20 for first graders, +0.67 for second graders, and +0.30 for third graders, for a mean of +0.39.

A two-year study by Slavin & Madden (1991) compared one *SFA* school in a small rural town in Maryland to a matched control school (n=58E, 50C). In second grade, there were no differences averaging across Woodcock and Durrell scales, (ES=+0.02) and no differences on CTBS tests (ES=+0.02). The study focused on reducing special education placements, and in this regard outcomes appeared positive. The year before *SFA* was introduced, 22 students in grades K-3 were referred for possible learning disabilities, and 12 were assigned to special education. In the first year of *SFA* only six children were referred and three assigned.

Wang & Ross (1999a) evaluated *Success for All* in four schools in Little Rock, Arkansas. First graders in two *SFA* schools (N=50) were matched on PPVT scores with those in two control schools (N=47) in a one-year study. Adjusting for pretests, the mean effect size on three Woodcock and one Durrell measure was +0.30.

A small evaluation in the Alhambra District near Phoenix, Arizona, compared one *SFA* and one control school (Wang & Ross, 1999b). First graders (43E, 39C) were pretested on PPVT, and were posttested on three Woodcock scales plus the Durrell Oral Reading Test. The *SFA* students scored non-significantly higher, with a mean adjusted effect size of +0.15.

A three-year experiment by Slavin & Madden (1998) compared Spanish-dominant LEP students in a Philadelphia *SFA* school to those in a matched control school (n=21E, 29C). In the third year, when LEP students had transitioned to English, third graders were tested on the English Woodcock Word Identification, Word Attack, and Passage Comprehension scales, controlling for kindergarten Spanish PPVT scores. There were substantial differences on Word Attack (ES=+0.65, p<.001), but no differences on Word ID (ES=+0.06) or Passage Comprehension (ES=-0.07), for a mean effect size of +0.22.

Conclusions: Combined Curriculum and Instructional Process Programs

Across 22 studies involving more than 10,000 children, the weighted mean effect size for *Success for All* was +0.28. On decoding measures the overall mean was +0.33, and the mean was +0.24 for comprehension. The findings of positive effects for *Success for All* correspond with the conclusions of several previous reviews of comprehensive school reform models, such as those by Herman (1999), Borman et al. (2003), CSRQ (2006), and Social Programs that Work (2008).

Direct Instruction

Dating back to the 1960's, *Direct Instruction* (DI) is an approach to beginning reading instruction that emphasizes a step-by-step approach to phonics, decodable texts that make use of a unique initial teaching alphabet and structured, scripted manuals for teachers. The DI reading textbook, *Reading Mastery*, is published by SRA, but the full model requires much more training for teachers than the publisher provides. This training, as much as 32 person-days on site per year, is provided by certified trainers around the U.S., often under the auspices of the National Institute for Direct Instruction (NIFDI) at the University of Oregon.

Bowers (1972) carried out a small randomized evaluation of DI with culturally disadvantaged first graders in four classes in Oklahoma. Children scoring below the 25th percentile on the Metropolitan Reading Readiness Test (MRRT) were randomly assigned to use DI (n=60) or traditional basal texts (n=63). All children were White. Adjusting for pretests, DI students scored higher than controls on the Gates McGinitie Comprehension scale (ES=+0.17, p<.05) and the Vocabulary scale (ES=+0.35, p<.05), for a mean effect size of +0.26.

The largest evaluation of *DI* was a 4-year longitudinal study carried out in the 1970's by Abt Associates as part of Follow Through Planned Variation, a federal program that provided funding to implement and evaluate various approaches to improving the education of children in grades K-3 (Kennedy, 1978; Stebbins, St. Pierre, Proper, Anderson, & Cerva, 1977). *DI* was one of nine projects evaluated, but is the only one still in use today.

The Follow Through evaluation compared schools that chose to use each of the models to others in the same district matched on demographic variables and historical achievement levels. The *DI* evaluation involved ten high-poverty sites ranging from New York City and Providence, Rhode Island to East St. Louis, Illinois and Tupelo, Mississippi. Two cohorts were studied. The total number of children in the analytic sample was 2,216 (1161E, 1055C). Most children were pretested in fall of kindergarten on a variety of measures including PPVT and WRAT. They were then posttested in spring of third grade on the MAT.

Averaging across all sites and cohorts and adjusting for pretest and demographic variables, Kennedy (1978) reported an effect size on MAT Reading Comprehension of +0.07. Most other programs had negative effects on this measure. Substantial positive effects were found on MAT-Language, but that is not relevant to the present review.

A four-year longitudinal evaluation of *DI* was done in high-poverty Baltimore schools by MacIver, Kemper, & Stringfield (2003). Six schools using *DI* were matched based on percent free lunch and historical achievement levels with six control schools. Approximately 77% of students overall qualified for free lunch at pretest, and almost all students were African-American. All children were pretested in kindergarten on the PPVT. District-administered CTBS scores were then obtained at the end of second and fourth grades. Control schools used a variety of basal textbook in grades K-1, but due to a district adoption, they used *Open Court* in grades 2-3. A total of 171 *DI* and 104 control students remained in the schools all four years.

There was a notable difference between the *DI* and control schools in retention rates. While only 1% of the *DI* students were held back over the four years, 16% of control students were retained. Including the retained children (who were in second rather than third grade at the end of the study), there were non-significant differences on CTBS Reading Comprehension (ES=+0.13, n.s.) and CTBS Vocabulary (ES=.00, n.s.), for a mean ES=+0.07.

Grant (1973) carried out a small matched post-hoc evaluation of *DI* in two inner-city, African American schools in Wisconsin. Children who had used *DI* in grades 1-2 in one school (n=39) were individually matched with those in another school (n=39) in the same district based on Metropolitan Reading Readiness scores given at the end of kindergarten. The control school used a Ginn 360 basal text. The *DI* students scored higher than controls on three phonics measures, the Wisconsin Tests of Reading Skill Development Long Vowels (ES=+0.64, p<.001) and Base Words and Endings (ES=+1.33, p<.001), and the Dale Johnson Word Recognition Test (ES=+0.54, p<.004). The mean effect size was +0.84.

Another large study of *DI* in Houston, by Carlson & Francis (2002), did not qualify for this review because it did not establish that *DI* and control groups were equivalent at pretest.

Across four evaluations of *DI*, the weighted mean effect size was +0.10. However, it is important to note that in other reviews that examined effects of *DI* in all elementary grades (not just K-1), this program has been rated as among the strongest in reading outcomes (e.g., Herman, 1999; Borman et al., 2003; CSRQ, 2006).

Average Effect Size: Combined Curricula and Instructional Approaches

Across all studies of programs that combine curriculum and instructional process approaches (n=26), the weighted mean effect size was +0.24.

Kindergarten–Only Studies

As noted earlier, studies that take place only during kindergarten can pose serious methodological challenges. Because the goals of kindergarten instruction vary a great deal from place to place, and have changed dramatically over the past 30 years, it is always possible that any experimental-control difference on an end-of-kindergarten reading measure is simply due to the fact that the control group was not being taught to read at all. Even when reading is being taught, kindergarten classes can vary greatly in their emphasis on phonics, so measures of word attack and phonological awareness can be easily inflated by programs that focus on these skills earlier than the control treatment does. Not until the end of first grade, when it is certain that control children are being seriously taught to read, can meaningful impacts of kindergarten programs be determined. Still, it is useful to know about kindergarten-only studies, as they can provide initial indications of programs worth following through to first grade and beyond.

Twelve studies met the standards of the review but took place only during the kindergarten year. These are summarized in Table 5 and described in the following sections.

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TABLE 5 HERE
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Voyager Universal Literacy System

The *Voyager Universal Literacy System* is a K-3 reading program that focuses on systematic instruction in phonics, phonemic awareness, fluency, and vocabulary (Frechtling, Zhange, & Silverstein, 2006). It includes a progress monitoring system and provides additional instruction to struggling students, and it also incorporates some computer-assisted instruction. Three days of professional development is provided to teachers, and district coaches provide follow up assistance.

Two third-party matched studies have compared kindergarten students in *Voyager* to those using alternative approaches. A year-long evaluation of *Voyager* was carried out by Frechtling et al. (2006) in eight schools in urban districts. Four (N=202) used *Voyager* and four (N=196) used unspecified methods. The schools mostly served African American students and were fairly well matched on demographic factors and pretests. A

key problem in the study, however, is that schools implementing *Voyager* spent much more time on reading, averaging 90-120 minutes per day in comparison to 60-90 minutes in the control schools. On Woodcock Word Identification (ES=+0.21, $p < .03$) and Woodcock Word Attack (ES=+1.10, $p < .001$), *Voyager* students scored higher than controls, adjusting for pretests, with a mean effect size of +0.67.

Hecht (2003) compared two high-poverty Orlando schools using *Voyager* (N=101) to two matched schools using *Houghton Mifflin* or *Success for All* (N=112) in a 5-month experiment. Posttest standard deviations were not presented, but the author provided raw scores and standard deviations to the What Works Clearinghouse (WWC), and these are reported here. Effect sizes adjusting for pretests were -0.10 for Woodcock Word Attack, +0.10 for Woodcock Word Analysis, and -0.07 for DIBELS Nonsense Word Fluency, for a mean of -0.02.

Instructional Technology

Waterford

Paterson et al. (2003) conducted a year-long matched evaluation of *Waterford* with 7 kindergarten and 1 first grade experimental classes and 8 kindergarten classes in a high poverty community in western New York. Students were pretested on the Brigance and post-tested on the Clay Word Recognition Test. Posttest differences adjusted for pretests showed no differences (ES=0.00).

Tracey & Young (2006) evaluated *Waterford* in a study with 265 kindergarten children (151 E, 114 C) from a high-minority northeastern community. Students in 8 experimental classrooms used the *Waterford* program for approximately 15 minutes per day. Students in 7 matched control classrooms had varying amounts of access to older hardware and software that was not systematically utilized by their teachers. Results indicated that students in the experimental classrooms performed significantly better than non-intervention students on the TERA-2 (ES=+0.47).

The Literacy Center (K)

As noted earlier, *The Literacy Center* is a LeapFrog technology program that provides 20-30 minutes daily of supplemental instruction in phonological awareness and phonics beyond core reading instruction. In a study by RMC Research Corporation (2004), six schools were randomly assigned to experimental or control groups, making this a randomized quasi-experiment. In the kindergarten component of the study (n=126E, 132C), children were pretested on four DIBELS measures and posttested on these plus DIBELS Oral Fluency and Gates-MacGinitie. Adjusting for pretests, effect sizes were +0.17 (n.s.) for Gates and +0.12 (n.s.) for DIBELS, for a mean of +0.14.

Destination Reading

Destination Reading is a supplemental integrated learning system (ILS) developed by Riverdeep. It includes lessons in phonemic awareness, phonics, vocabulary, fluency, and comprehension for children in grades K-3. Beyond exercises typical of CAI reading software, children may have stories read to them by the computer. Children may highlight individual words to hear them read, or they may read the stories independently.

In a matched study of *Destination Reading* with kindergartners, Barnett (2006) evaluated the program in a high-poverty, high-minority Florida community. 8 experimental and 7 control classes were compared on the DIBELS, Clay Word Recognition, and Dolch Word Recognition test that the district regularly administered. Controlling for pretests, the effect sizes favored the control group on the DIBELS (ES = -0.56), the Clay (ES=-0.47), and the Dolch (ES = -0.56), for a mean of -0.53.

Writing to Read

Stevenson, Cathey-Pugh, & Kosmidis (1988) evaluated *Writing to Read* in the Washington, DC Public Schools. First grade as well as kindergarten students were studied, but pretest differences among first graders were more than 50% of a standard deviation. In kindergarten, children in *Writing to Read* (n=86) were compared to those in matched control classes (n=155). Adjusting for pretests, *Writing to Read* children scored higher on MAT (ES=+0.35, p<.05).

A Baltimore study (Granick & Reid, 1987) compared one school using *Writing to Read* to a matched control school. Both were entirely African American schools with high free lunch participation. Children were pretested at the beginning of kindergarten on the Metropolitan Achievement Test and then posttested on the MAT in the spring. There were no differences in gains (ES= +0.02, n.s.).

Instructional Process Programs

K-PALS

PALS (Peer-Assisted Learning Strategies), described earlier, is a method in which children take turns helping each other through a structured series of reading activities. The kindergarten adaptation of PALS, called K-PALS, was evaluated in a large randomized experiment by Stein, Berends, Fuchs, McMaster, Sáenz, Yen, Fuchs, & Compton (2008). In three regions, Nashville, Minnesota, and South Texas, schools were recruited over a two-year period to participate. A total of 48 schools were recruited in Year 1 and 49 in Year 2, some of which were the same schools (71 schools participated for one or two years). A total of 224 teachers were randomly assigned to a control treatment or to one of three K-PALS variations: One-day workshop only, workshop plus two booster sessions, and workshop + booster sessions + weekly visits from a graduate assistant.

Students were pre- and posttested on a one-minute rapid letter sounds test. Adjusting for pretests, posttest effect sizes were positive for all three K-PALS variations:

+0.46 for workshop-only, +0.57 for booster, and +0.50 for helper, for a mean effect size of +0.51.

Ladders to Literacy

As noted earlier, *Ladders to Literacy* is a professional development program for kindergarten teachers. The teachers participate in workshops over the course of a school year, learning activities to build phonemic awareness and phonics skills, rhyming, onset-rime blending and segmenting, and letter sound practice. They meet with trainers every three weeks to discuss their experiences and share implementation logs.

Fuchs, Fuchs, Thompson, Otaiba, Yen, Yang, Braun & O'Connor (2001) evaluated *Ladders to Literacy* and a combination of *Ladders to Literacy* and *Peer-Assisted Learning Strategies* (PALS) in a randomized experiment. Students were randomly assigned within four Title I and four non-Title I schools to *Ladders + PALS*, *Ladders*, or control. A total of 33 kindergarten teachers in 8 Nashville elementary schools were randomly assigned. Sample sizes were 11 teachers and 133 children for *Ladders + PALS*, 11 and 136 for *Ladders*, and 11 and 135 for control. Approximately 38% of students were White. Twelve to 14 children were chosen for testing within each class. Experimental teachers received 1 to 1½ days of in-service training and were visited by project staff at least once a week.

Data were analyzed at the teacher level using analyses of variance. Student-level effect sizes for *Ladders*, adjusted for pretests, were +0.17 (n.s.) for Woodcock Word Attack and -0.25 for Woodcock Word Identification, for a mean of -0.04. On a follow up test in October of first grade, teacher-level differences were still non-significant, but effect sizes adjusted for pretests were +0.38 for Word Attack and +0.05 for Word Identification, for a mean of +0.21. Corresponding effect sizes for *Ladders + PALS* vs. Control were +0.36 for Word Attack and +0.25 for Word Identification at the end of Kindergarten, and +0.41 for Word Attack and +0.43 for Word Identification at first grade follow up. None of these differences were significant at the teacher level.

O'Connor (1999, Study 2) evaluated *Ladders to Literacy* in 17 classes with 318 children in a large rural Midwestern district. Nine classes (N =192) in several schools were compared with eight classes (N =89) in a single kindergarten center. Children were almost all White. Adjusting for pretests, end of kindergarten effect sizes on Woodcock Letter-Word were +0.33 (p<.01) for typical children and +0.68 (p<.01) for at-risk children, for a weighted average of +0.43.

Little Books

Little Books is an approach to early literacy in which specially written minibooks are read by teachers or parents to kindergarten children to build their language and print concepts. The books are designed to emphasize familiar themes, high-frequency content words, a close link between pictures and text, and a story with a culminating idea. A guided participation strategy is used to discuss books with children.

Phillips, Norris, Mason, & Kerr (1990) evaluated school and home use of *Little Books* among kindergarten children in rural and urban schools in Newfoundland, Canada. A total of 18 classes in 12 schools, with 309 children, were randomly assigned to four treatment groups: *Little Books* at home only, *Little Books* in school only, *Little Books* in home and school, and control. In school, *Little Books* involved a teacher introducing a book each week, following a schedule of reading to the class, reading and discussing with small groups, and then asking each child to “read” the book using the pictures and memory to reconstruct the story line. The home treatment involved an introduction to parents, suggestions for creating a positive parent-child experience, and a gradual transfer from parent reading to child reading. Use of random assignment of schools but analysis at the student level makes this a randomized quasi-experiment (RQE).

Children were pre- and posttested on the Metropolitan Reading Readiness Test (MET), which assesses auditory memory, letter recognition, language, and listening skills. All three treatment groups gained more than controls on the MET. Effect sizes adjusted for pretests were +0.33 for the home/school version, +0.19 for school only, and +0.14 for home only. Averaging across the three variations, the mean effect size was +0.22.

Conclusion: Kindergarten-Only Studies

The kindergarten-only studies generally support the conclusions of the studies that follow children through first grade and beyond. Programs with positive effects during the kindergarten year are ones that emphasize cooperative learning, as in *K-PALS*, and ones that emphasize phonics and phonological awareness, as in *Ladders to Literacy* and *Voyager*. It is important to note that many of the programs cited in the main review, which tested children at the end of first grade, also reported very positive outcomes during kindergarten. These are also programs with a strong emphasis on phonics and/or cooperative learning, including *Success for All* (e.g., Jones et al., 1997), the phonological awareness training programs (e.g., Lundberg et al., 1988), and *Sing, Spell, Read, and Write* (Bond et al., 1995).

Overall Patterns of Outcomes

Across all categories, there were 62 qualifying studies of beginning reading programs that posttested children at the end of first grade or later. Seventeen of the studies used random assignment (6 were fully randomized and 11 were randomized quasi-experiments). The sample size-weighted mean effect size was +0.22. These studies, involving more than 20,000 children, were identified from among more than 700 studies initially reviewed, and represent those that used rigorous experimental procedures.

Overall effects were somewhat stronger for decoding measures (such as Word Attack and Letter-Word Identification) than for measures of comprehension and total reading. Across all studies, the weighted mean effect size was +0.27 for decoding measures and +0.20 for comprehension/total reading. Comprehension measures were

more likely to show positive effects in multiyear studies that followed children into second grade or beyond.

The mean effect sizes reported for programs categorized as having strong or moderate evidence of effectiveness (see below), in the range of +0.20 to +0.35, are similar to those found in previous reviews of secondary reading as well as elementary and secondary mathematics programs. Such effects are modest compared to those often reported for brief experiments or studies with measures closely aligned with treatments, but they are important in light of the fact that the means are weighted to emphasize large, realistic studies mostly using the kinds of standardized tests for which schools are held accountable. Such tests probably underestimate true impacts of experimental treatments, as they are unlikely to be sensitive to the specific content being taught. To give a sense of the importance of effect sizes of this magnitude, an effect size of +0.25 represents about half of the minority-White achievement gap in reading on the fourth grade National Assessment of Educational Progress (2007). The large, lengthy studies with standard measures that form the core of this review illustrate what could be accomplished at the policy level if schools widely adopted and effectively implemented proven programs, not what could theoretically be gained under ideal, hothouse conditions.

Summarizing Evidence of Effectiveness for Current Programs

For many audiences, it is useful to have summaries of the strength of the evidence supporting achievement effects for programs educators might select to improve student outcomes. Slavin (2008) proposed a rating system intended to balance methodological quality, weighted mean effect sizes, sample sizes, and other factors, and this system was applied by Slavin et al. (2008 a, b), Slavin & Lake (2008), and Slavin, Lake, & Groff (in press). Using the same procedures, beginning reading programs were categorized as follows:

● Strong Evidence of Effectiveness

At least two studies, one of which is a large randomized or randomized quasi-experimental study, or multiple smaller studies, with a sample size-weighted effect size of at least +0.20, and a collective sample size across all studies of 500 students or 20 classes.

● Moderate Evidence of Effectiveness

At least one randomized or two matched studies of any qualifying design, with a collective sample size of 250 students or 10 classes, and a weighted mean effect size of at least +0.20.

● Limited Evidence of Effectiveness: Strong Evidence of Modest Effects

Studies meet the criteria for ‘moderate evidence of effectiveness’ except that the weighted mean effect size is +0.10 to +0.19.

Limited Evidence of Effectiveness: Weak Evidence with Notable Effects

Studies have a weighted mean effect size of at least +0.20, but do not qualify for ‘moderate evidence of effectiveness’ due to insufficient numbers of studies or small sample sizes.

Insufficient Evidence of Effectiveness

Qualifying studies do not meet the criteria for ‘limited evidence of effectiveness’.

N No Qualifying Studies

Table 6 summarizes currently available programs falling into each of these categories.

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Strong Evidence of Effectiveness

Success for All is by far the most extensively evaluated of all beginning reading programs; 22 of the 62 qualifying studies were of this program, with a combined sample size of almost 10,000 children, about equal to the samples across studies of all other programs combined. The weighted mean effect size for *SFA* was +0.28. A second program that met the criteria for “strong evidence” was *Reading Reels*, an embedded multimedia approach that supplements *Success for All*, evaluated in two randomized experiments with a weighted effect size of +0.20.

Like *Success for All*, *Peer Assisted Learning Strategies (PALS)* emphasizes cooperative learning, phonics, and professional development for teachers. There were six qualifying studies of *PALS* with a mean effect size of +0.44.

Five studies in Denmark, Norway, Germany, and the U.S. established that systematic teaching of phonological awareness to kindergartners has positive effects on reading lasting at least into second grade, with a weighted mean effect size of +0.22. At the time these studies took place, however, the control kindergartners were receiving little if any instruction in phonological awareness, and may not have been taught reading at all. As teaching of phonological awareness has become common in kindergartens in the U.S. and other countries, it is an open question whether additional emphasis on phonological awareness would produce similar experimental-control differences today.

○ Moderate Evidence of Effectiveness

Two matched experiments evaluating *Sing, Spell, Read, and Write* found a weighted mean effect size of +0.28.

○ Limited Evidence of Effectiveness: Strong Evidence of Modest Effects

Large randomized quasi-experiments and matched studies evaluating *Open Court Reading*, *Scholastic Phonics Readers with Literacy Place*, and *Direct Instruction* found effect sizes in the range of +0.10 to +0.19.

○ Limited Evidence of Effectiveness: Weak Evidence of Notable Effects

Single matched or small randomized experiments found effect sizes of +0.20 or more for *Lippincott Reading*, *Open Court Phonics Kits*, *Waterford, Phonics-Based Reading*, *WICAT*, *Classwide Peer Tutoring*, *Reading and Integrated Literacy Strategies (RAILS)*, and *Four Blocks*.

○ Insufficient Evidence of Effectiveness

Studies of *Reading Street*, *The Reading Machine*, *The Literacy Center*, and *Writing to Read* reported effect sizes less than +0.10.

N No Evidence of Effectiveness

As is always true in reviews of educational programs, the largest number of programs by far have never been evaluated in experiments that meet the standards of this review.

Discussion

As in previous reviews, this synthesis found fewer large, high-quality studies of beginning reading programs than one would wish for. Although 62 studies (involving more than 20,000 students) did qualify for inclusion, there were small numbers of studies on most programs, and only 17 studies involved random assignment to conditions. Further, causal claims cannot be made with confidence in systematic reviews, which can only review the studies that exist.

Keeping these limitations in mind, there are several important patterns in the findings that are worthy of note. First, this article finds that successful programs almost always provide teachers with extensive professional development and followup focused on specific teaching methods. In particular, most of the programs with strong evidence of effectiveness have cooperative learning at their core: *Success for All*, *Peer-Assisted*

Learning Strategies, *Reading Reels*, and *Classwide Peer Tutoring* all emphasize children working with other children on structured activities. These are all forms of cooperative learning in which students work in small groups to help one another master reading skills, and in which the success of the team depends on the individual learning of each team member, the elements that previous reviewers (e.g., Rohrbeck et al., 2003; Slavin, 1995, 2009; Webb & Palincsar, 1996) have identified as essential to the effectiveness of cooperative learning. The finding of positive effects of cooperative learning programs is consistent with the findings of reviews of upper-elementary reading programs (Slavin et al., 2008a), secondary reading programs (Slavin et al., 2008b) and elementary and secondary math programs (Slavin & Lake, 2008; Slavin et al., in press).

Second, all of the programs found to be effective or promising in qualifying experiments have a strong focus on teaching phonics and phonemic awareness. This is particularly true of *Success for All*, *PALS*, *Reading Reels*, phonological awareness training, *Open Court Phonics Kits*, *Scholastic Phonics Readers with Literacy Place*, *Reading and Integrated Literacy Strategies (RAILS)*, *Direct Instruction*, *Phonics-Based Reading*, and *Sing, Spell, Read, and Write*. It is important to note that studies of all of these programs found positive effects on comprehension and/or total reading measures, not just decoding measures that would appear more slanted toward phonetic approaches. However, an emphasis on phonics did not guarantee positive effects. Phonetic curricular approaches and computer-assisted instruction models, in particular, had minimal impacts on student outcomes. It clearly matters a great deal how reading is taught, and an emphasis on phonics may be necessary but it is not sufficient to ensure meaningful reading gains.

One key implication of the Gamse et al. (2008) evaluation of Reading First is that it is not enough to encourage teachers to emphasize phonics, phonemic awareness, and other elements. The Moss et al. (2008) report that analyzed differences between Reading First and similar Title I schools that did not receive Reading First funding found that Reading First teachers were in fact spending more time teaching reading, and specifically more time on phonics, phonemic awareness, fluency, vocabulary, and comprehension. The Reading First teachers were significantly more likely to use basal textbooks that were revisions of traditional basals designed primarily to increase the focus on phonics and phonemic awareness. In order of popularity in Reading First schools, these were *Harcourt Trophies* (22.5% of RF, 15.0% of non-RF), *Open Court Reading* (15.4% vs. 9.8%), *Scott Foresman Reading* (13.0% vs. 12.2%), and Houghton Mifflin's *Nation's Choice* (10.7% vs 2.5%). Yet none of these had ever been evaluated at the beginning of Reading First, and only *Open Court Reading* has been adequately evaluated since then, in a study that found modest impacts ($ES=+0.17$; Borman et al., 2008). If adopting books with more phonics and spending a few more minutes each day on the five elements recommended by the National Reading Panel (2000) were sufficient to improve beginning reading performance, the Gamse et al. (2008) national evaluation would have found significant positive effects.

The research summarized in the present review points in a different direction. It supports the use of well-developed programs that integrate curriculum, pedagogy, and

extensive professional development. Reading First began as a worthwhile attempt to use scientifically-based reading research to improve daily reading instruction on a substantial scale. Yet Reading First emphasized instruction that was *based on* scientifically-based instruction, not instructional programs that had themselves been evaluated and found to be effective. The present review provides several examples of existing programs that can reliably improve beginning reading achievement, and many more such programs could be developed and evaluated. The findings suggest that scaling up programs known to be effective may be a better strategy than disseminating general principles of good practice.

The findings of this review add to a growing body of evidence to the effect that what matters for student achievement are approaches that fundamentally change what teachers and students do every day. As in earlier reviews, these strategies had outcomes that were clearly and consistently more positive than those found for textbooks, curricula, or technology alone. More research and development of beginning reading programs is clearly needed, but this review identifies several promising approaches that could be used today to help students succeed from the beginning in this essential skill.

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Table 1: Reading Curricula

Study	Design Large/Small	Duration	N	Grade	Sample Characteristics	Evidence of Initial Equality	Posttest	Effect Sizes by Subgroup/Measure	Decoding	Comprehension	Overall Effect Size
Core Basal Programs											
Open Court Reading											
Borman, Dowling, & Schneck (2008)	Randomized Quasi-Experiment (L)	1 year	16 classes (9E, 7C) 307 students (165C, 139C)	1	Schools in Idaho, Texas, Florida, and Indiana. 61% FL, 57% minority	Matched on pretests and demographics	Terra Nova		--	+0.06	+0.17
							Reading Comprehension	+0.06			
							Reading Vocabulary	+0.22			
							Reading Composite	+0.17			
Reading Street											
Wilkerson, Shannon, & Herman (2007)	Randomized Quasi-Experiment (L)	1 year	18 teachers 387 students (220E, 167C)	1	Schools in 4 sites around the US. 26% FL, 86%W, 8%H, 3%AA	Matched on pretests and demographics	Gates MacGinitie		--	+0.15	+0.15
Wilkerson, Shannon, & Herman (2006)	Randomized Quasi-Experiment (L)	1 year	16 teachers (8E, 8C)	1	5 schools in 2 urban, 1 rural site. 54% FL, 57% W, 25% AA, 11% H	Matched on pretests and demographics	Gates MacGinitie		--	-0.02	-0.02
Scholastic Phonics Readers and Literacy Place											
Schultz (1996)	Randomized Quasi-Experiment (L)	1 year	4 districts 8 classes 301 students (162E, 139C)	1	Large urban school districts in CA	Matched on pretests	CTBS		+0.23	+0.14	+0.16
							Reading	+0.07			
							Vocabulary	+0.11			
							Comprehension	+0.21			
						Word Analysis	+0.23				
Lippincott											
Brown & Felton (1990)	Randomized Quasi-Experiment (S)	2 years	42 students (23E, 19C)	1-2	Not stated	Matched on pretests	Woodcock Word Attack	+0.23	+0.27	--	+0.27
							Woodcock Word Identification	+0.30			
Supplemental Curricula											
Open Court Phonics Kit											
Barrett (1995)	Matched (S)	1 year	9 classes (5E, 4C) 161 students (78E, 83C)	1	Middle class district in Riverside, CA	Matched on pretests and demographics	TERA-2	+0.36	+0.54	+0.47	+0.49
							SAT Total	+0.62			
Phonics in Context											
Barrett (1995)	Matched (S)	1 year	11 classes (7E, 4C) 170 students (87E, 83C)	1	Middle class district in Riverside, CA	Matched on pretests and demographics	TERA-2	+0.21	+0.43	+0.40	+0.34
							SAT Total	+0.47			
Elements of Reading: Phonics and Phonemic Awareness											
Apthorp (2005)	Randomized Quasi-Experiment (L)	1 year	6 schools 16 teachers (8E, 8C) 257 students (126E, 131C)	1	4 high-poverty, 2 middle class schools. Overall, 57% FL, 56%AA, 41%W, 5%H	Matched on pretests	ERDA	-0.09	-0.09	-0.29	-0.19
							Gates MacGinitie	-0.29			

Note: L=large study with at least 250 students; S=small study with less than 250 students; E=Experimental; C=Control; CTBS=Comprehensive Test of Basic Skills; SAT=Scholastic Achievement Test; TERA=Test of Early Reading Ability; ERDA=Early Reading Diagnostic Assessment, FL=Free/reduced-price lunch; W=White; AA=African American; H=Hispanic.

Table 2: Instructional Technology

Study	Design Large/Small	Duration	N	Grade	Sample Characteristics	Evidence of Initial Equality	Posttest	Effect Sizes by Subgroup/Measure	Decoding	Comprehension	Overall Effect Size
Supplemental Technology											
Multiple Supplemental Programs											
Dynarski et al. (2007) -Destination Reading -Waterford -Headsprout -Plato Focus -Academy of Reading	Randomized (L)	1 year	43 schools 158 classes (89E, 69C) 2619 students (1516E, 1103C)	1	Schools in 11 districts across the US. 49%FL, 44%W, 31%AA, 22%H	Matched on pretests, demographics	SAT-9		+0.04	--	+0.04
							Sounds and Letters	+0.06			
							Word Reading	+0.04			
							Sentence Reading	-0.01			
							Overall	+0.03			
							TOWRE				
							Phonemic Decoding Efficiency	+0.03			
Sight Words	+0.02										
Overall	+0.04										
Waterford Early Reading Program											
Cassady & Smith (2005)	Matched (S)	1 year	6 classes (3E, 3C) 93 students (46E, 47C)	1	School in rural midwest	Matched on pretests	Terra Nova Reading		--	+0.71	+0.71
Phonics Based Reading											
Macaruso, Hook, & McCabe (2006)	Matched (S)	7 mo.	5 schools 10 classes (5 E, 5C) 179 students (92 E, 87 C)	1	Boston area 50% FL	Matched on pretests	Gates MacGinitie		--	+0.20	+0.20
The Literacy Center (LeapFrog)											
RMC (2004)	Randomized Quasi- Experiment (S)	1 year	6 schools 195 students (109E, 86C)	1	High-poverty schools in Las Vegas, 30% ELL	Matched on pretests	Gates MacGinitie	-0.04	-0.01	-0.04	-0.02
							DIBELS	-0.01			
WICAT											
Erdner, Guy, & Bush (1997)	Matched (S)	1 year	2 schools 85 students	1	Schools in north central OK	Matched on pretests and demographics	CTBS		--	+1.05	+1.05
Reading Machine											
Abram (1984)	Randomized (S)	12 weeks	103 students	1	Not stated	Matched on pretests	ITBS		--	+0.19	+0.19
Mixed-Method Models											
Writing to Read											
Collis, Ollila & Olilla (1990)	Matched (S)	1 year	97 students (53E, 44C)	1	Schools in British Columbia, Canada	Matched on pretests	SAT		--	+0.47	+0.27
							Total Reading	+0.47			
							Word Study	+0.07			
Beasley (1989)	Matched (S)	6 months	74 students (42E, 32C)	1	Middle-class students in Athens, AL; 82%W, 18%AA	Matched on pretests and demographics	SESAT-2		-0.13	-0.52	-0.27
							Sounds & Letters	-0.09			
							Word Reading	+0.15			
							Sentence Reading	-0.44			
							Reading Comprehension	-0.52			
							Total Reading	-0.44			
Embedded Multimedia											
Reading Reels											
B. Chambers et al. (2006)	Randomized (L)	1 year	10 schools 394 students	1	High-poverty schools in Hartford, CT 61% H, 35% AA	Matched on pretests and demographics	Woodcock		+0.20	+0.08	+0.17
							Word ID	+0.15			
							Word Attack	+0.32			
							Passage Comp.	+0.08			
							DIBELS	+0.12			
B. Chambers et al. (2008)	Randomized (S)	1 year	2 schools 159 students (75E, 84C)	1	Hispanic students in high poverty schools in Los Angeles and Las Vegas	Matched on pretests and demographics	Woodcock		+0.30	+0.17	+0.27
							Letter-Word	+0.33			
							Word Attack	+0.28			
							GORT				
							Fluency	+0.28			
Comprehension	+0.17										

Note: L=large study with at least 250 students; S=small study with less than 250 students; E=Experimental; C=Control; SAT-9=Stanford Achievement Test 9th Edition; TOWRE=Test of Word Reading Efficiency; CTBS=Comprehensive Test of Basic Skills; ITBS=Iowa Test of Basic Skills; SAT=Scholastic Achievement Test; SESAT=Stanford Early School Achievement Test; GORT=Gray Oral Reading Test; FL=Free/reduced-price lunch; W=White; AA=African American; H=Hispanic; ELL=English language learner.

Table 3: Instructional Process Programs

Study	Design Large/Small	Duration	N	Grade	Sample Characteristics	Evidence of Initial Equality	Posttest	Effect Size by Subgroups/Measure	Decoding	Comprehension	Overall Effect Size
Cooperative Learning Programs											
Classwide Peer Tutoring (CWPT)											
Greenwood et al. (1989)	Randomized Quasi-Experiment (S)	4 years	6 schools (3E, 3C) 123 students	1-4 (same students)	High-poverty schools in Kansas City, KS	Matched on IQ and demographics	MAT		--	+0.57	+0.57
							Grade 4	+0.57			
							Grade 6 (2 year followup)	+0.55			
PALS											
Mathes & Babyak (2001)	Randomized Quasi-Experiment (S)	14 weeks	20 classes (10E, 10C) 110 students (61E, 49C)	1	Schools in Florida 63%W, 36%AA	Matched on pretests and demographics	Woodcock		+0.72	+0.41	+0.61
							Word Identification	+0.51			
							Word Attack	+0.92			
							Passage Comprehension	+0.41			
Calhoon et al. (2006)	Randomized Quasi-Experiment (S)	20 weeks	3 schools 6 classrooms 78 students (41E, 37 C)	1	Students taught in English in a majority Hispanic school in NM; 75% FL, 32%W, 68%H	Matched on pretests	DIBELS		+0.29	--	+0.29
							Nonsense Word Fluency	+0.58			
							Oral Reading Fluency	+0.00			
Calhoon et al. (2007)	Randomized Quasi-Experiment (S)	16 weeks	3 schools 6 classrooms 76 students (43E, 33 C)	1	Students in border schools in 2-way bilingual program; 88% FL, 79% H, 21% W, 28% ELL	Matched on pretests	DIBELS		+0.33	--	+0.33
							Nonsense Word Fluency	+0.51			
							Letter Naming Fluency	+0.20			
							Oral Reading Fluency	+0.29			
Mathes, Torgesen, & Allor (2001)	Matched (S)	16 weeks	24 classes (12E, 12C) 140 students (84E, 56C)	1	Schools in the southeast; 65%W, 32%AA	Matched on pretests and demographics	Woodcock		+0.49	+0.56	+0.50
							Word Identification	+0.39			
							Word Attack	+0.59			
							Passage Comprehension	+0.56			
							TERA-2	+0.48			
Mathes et al. (1998)	Matched (S)	16 weeks	20 classes (10E, 10C) 96 students (48E, 48C)	1	Schools in southeastern city	Matched on pretests and demographics	Woodcock		+0.38	+0.37	+0.37
							Word Identification	+0.21			
							Word Attack	+0.54			
							Passage Comprehension	+0.37			
Mathes et al. (2003)	Matched (S)	16 weeks	15 teachers (7E, 8C) 59 students (31E, 28C)	1	Low acheivers in a southeastern school district	Matched on pretests	TOWRE		+0.50	+0.13	+0.43
							Non Word	+0.48			
							Word Efficiency	+0.13			
							Woodcock				
							Word ID	+0.41			
							Word Attack	+0.98			
							Passage Comprehension	+0.13			

Phonological Awareness Training Programs													
Lie (1991)	Randomized Quasi-Experiment (S)	2 years	10 schools 208 students (Sequential analysis: 52 students Positional analysis: 60 students Control: 96 students)	1-2	Schools in Halden, Norway	Matched on pretests	Norwegian Reading Test						
							End of grade 1	+0.34	--	+0.30	+0.30		
							End of grade 2	+0.30					
Lundberg, Frost, & Petersen (1988)	Matched (L)	3 years	390 students (235E, 155C)	K-2	Schools in rural Denmark	Matched on pretests	Norwegian Reading Test						
							End of grade 1	+0.40	--	-0.48	+0.48		
							End of grade 2	+0.48					
Schneider, Küspert, Roth, Visé, & Marx (1997) (Study 1)	Matched (L)	3 years	23 classes (11E, 12C) 371 students (205E, 166C)	K-2	Schools in rural Germany	Matched on pretests and demographics	German Reading Test						
							End of grade 1	+0.29	--	-0.19	-0.19		
							End of grade 2	-0.19					
Schneider, Küspert, Roth, Visé, & Marx (1997) (Study 2)	Matched (L)	3 years	18 classes (11E, 7C) 346 students (191E, 155C)	K-2	Schools in rural Germany	Matched on pretests and demographics	German Reading Test						
							End of grade 1	+0.53	--	+0.33	+0.33		
							End of grade 2	+0.33					
Blachman et al. (1999)	Matched (S)	1 1/2 years 11 weeks in K-1, 1 year in 1st grade	4 schools (2 E, 2 C) 128 students (66 E, 62 C); One year follow-up: 106 students (58 E, 48 C)	K-1	High-poverty schools in Syracuse, NY	Matched on pretests and demographics	Woodcock Word ID						
									+0.28	+0.33	--	+0.33	
							Decoding of Real Words		+0.64				
							Decoding of Non-Words		+0.74				
							1 year follow-up						
							Woodcock Word ID		+0.31				
Decoding of Real Words		+0.34											
							Decoding of Non-Words		+0.36				
Phonics-Focused Professional Development Models													
<u>Sing, Spell, Read, Write</u>													
Bond et al. (1995)	Matched (L)	1 year	16 schools (8 E, 8 C) 416 students (212 E, 204 C)	K-1	Schools in Memphis	Matched on pretest and demographics	Woodcock Letter Word Identification						
							Kindergarten		+0.44	+0.43	+0.03	+0.30	
							1st grade		+0.22				
							Woodcock Word Attack						
							Kindergarten		+0.66				
							1st grade		+0.64				
							DORT						
							Kindergarten		+0.13				
							1st grade		+0.03				
Average of All Three Measures													
Kindergarten		+0.41											
1st grade		+0.30											
Jones (1995)	Matched (S)	7 months	4 classes 97 students (50E, 47C)	1	School in Appalachian Mississippi; 55%FL, 78%W, 22%AA	Matched on pretests	Gates MacGinitie Reading Comprehension						
							--	+0.21	+0.21				

Reading and Integrated Literacy Strategies (RAILS)												
Stevens et al. (2008)	Matched (S)	2 years	3 schools (2E, 1C) 237 students (112E, 125C)	K-1 1-2	Schools in small city in PA. 71% FL, 94%W	Matched on pretests and demographics	MAT		--	+0.41	+0.41	
								K-1				+0.39
								1-2				+0.43
Ladders to Literacy												
O'Connor (1999): Study 1	Matched (S)	1 year	4 schools (2E, 2C) 105 students (64E, 41C)	K-1	Large urban district, 46%AA, 51% W	Matched on pretests, ethnicity, special education rates	Woodcock Letter-Word ID	+0.92	+0.20	--	+0.20	
							Woodcock Letter-Word ID (1-year followup)	+0.02				
							Woodcock Word Attack (1-year followup)	+0.38				
Orton-Gillingham												
Joshi et al. (2002)	Matched (S)	1 year	4 schools 56 students (24E, 32C)	1	High-poverty schools in the Southwest. 81% FL, 53% minority	Matched on pretests	Woodcock Word Attack	+0.28	+0.28	+0.58	+0.43	
							GMRT	+0.58				
Other Professional Development Models												
Four Blocks												
Scarcelli & Morgan (1999)	Matched (S)	1 year	55 students (25 E, 30 C) in 4 classes (2 C, 2 E)	1	Title I school in Virginia Beach, VA	Matched on pretests	GMRT		--	+0.56	+0.56	

Note: L=large study with at least 250 students; S=small study with less than 250 students; E=Experimental; C=Control; MAT=Metropolitan Achievement Test; TERA=Test of Early Reading Ability; TOWRE=Test of Word Reading Efficiency; DORT=Durrell Oral Reading Test; GMRT=Gates-MacGinitie Reading Test; FL=Free/reduced-price lunch; W=White; AA=African American; H=Hispanic.

Table 4: Curriculum + Instructional Process Programs

Study	Design Large/Small	Duration	N	Grade	Sample Characteristics	Evidence of Initial Equality	Posttest	Effect Sizes by Subgroup/Measure	Decoding	Comprehension	Overall Effect Size
Success for All											
Borman et al. (2007)	Randomized (L)	3 years	35 schools 2108 students (1085 E, 1023 C)	K-2	Title I schools throughout the U.S., 72%FL, 57% AA, 31% W, 10% H	Matched on pretests	Woodcock Word Identification Word Attack Passage Comprehension	+0.22 +0.33 +0.21	+0.28	+0.21	+0.25
Madden et al. (1993); Slavin et al. (1993)	Matched (L)	5 years	10 schools (5 E, 5 C) 1925 students (890 E, 1035 C) 5 cohorts (1st grade in experiment 1 year, 2nd grade 2 years, etc.)	1-5	African American students in high-poverty schools in Baltimore, MD	Matched on pretests and demographics	Average of Woodcock, DORT, and CTBS 1st grade 2nd grade 3rd grade CTBS 4th grade 5th grade	+0.55 +0.32 +0.49 +0.45 +0.48	+0.55	+0.39	+0.46
Nunnery et al. (1996)	Matched (L)	2 years	64 schools (46E, 18C) 1555 students	1-2	High-poverty schools in Houston, TX 79%FL, 52%H, 48%AA	Matched on pretests and demographics	Average of Woodcock and DORT First cohort (Gr. 2) Second cohort (Gr. 1) Spanish (Gr. 1)	-0.08 +0.09 +0.21	+0.09	+0.02	+0.05
Livingston & Flaherty (1997)	Matched (L)	2 years	6 schools (3 E, 3 C) 3 cohorts: English speakers (272E, 184C) Spanish bilingual (87 E, 93 C) Other ESL (80 E, 112 C)	1, 2	High-poverty multilingual schools in Modesto and Riverside, CA	Matched on pretests, demographics, and approach to ELL instruction	Average of Woodcock and DORT across cohorts English-Dominant Spanish Bilingual ESL	+0.28 +0.77 +0.43	+0.49	+0.49	+0.49
Ross et al. (1996)	Matched (L)	1 year	4 schools (2 E, 2 C) 540 students (169 E, 371 C)	1	Mostly Hispanic schools in Amphitheater District near Tucson, AZ	Matched on pretests and demographics	Average of Woodcock and DORT		+0.62	+0.33	+0.47
Jones et al. (1997)	Matched (L)	3 years	2 schools (1E, 1C) 498 students (339E, 159C) Cohort 1: 172 students (113E, 59C) Cohort 2: 157 students (109E, 48C) Cohort 3: 169 students (117E, 52C)	3 Cohorts: Cohort 1: K-3 Cohort 2: K-2 Cohort 3: K-1	High-poverty AA schools in Charleston, SC	Matched on pretests and demographics	Woodcock Kindergarten Woodcock and DORT 1st grade SAT or BSAP 1st grade SAT 2nd grade SAT 3rd grade	+0.98 +0.20 -0.03 +0.10 -0.06	+0.23	+0.02	+0.27

B. Chambers et al. (2005)	Matched (L)	1 year	8 schools (4E, 4C) 455 students (311E, 144C)	K-1	Mostly Hispanic communities in the US	Matched on pretests and demographics	Woodcock Reading Mastery Test		+0.20	+0.21	+0.20
Ross, Smith, & Casey (1994)	Matched (L)	3 years	2 schools (1 E, 1 C) 370 students (223E, 147C) 3 cohorts	1-3	Rural schools in Caldwell, ID	Matched on pretests	Average of Woodcock and DORT		-0.10	-0.11	-0.10
Ross & Casey (1998b)	Matched (L)	2 years	8 schools (3E, 5C) 356 students (151E, 205C)	K-1	High-poverty schools in Ft. Wayne, IN; 75%FL, 45% minority	Matched on pretests and demographics	Woodcock Word Identification Word Attack Passage Comprehension Durrell Oral	+0.22 +0.45 +0.14 +0.21	+0.33	+0.17	+0.25
Muñoz & Dossett (2004)	Matched (L)	3 years	6 schools (3 E, 3 C) 349 students (217 E, 132 C)	K-3	High-poverty schools in Louisville, KY	Matched on pretests, SES, mobility, attendance	CTBS		--	+0.15	+0.15
Dianda & Flaherty (1995)	Matched (S)	2 years	6 schools (3E, 3C) 319 students (131 E, 188 C)	1	Mostly Hispanic students in schools in California 72% FL, 42%H, 34%W 32%ELL	Matched on demographics, pretests and language policies	Woodcock Letter-Word Identification Word Attack Passage Comprehension Woodcock (all three measures) English speakers Spanish bilingual Spanish dominant Non-English speakers	+0.46 +0.36 +0.45 +0.55 +0.84 +0.82 +0.11	+0.41	+0.45	+0.42
Ross & Casey (1998a)	Matched (L)	1 year	4 schools (2 E, 2 C) 316 students (156 E, 160 C)	1	Suburban schools in Portland, OR	Matched on pretests and demographics	Average of Woodcock and DORT		0.00	-0.02	-0.01
Ross, Smith & Casey (1997)	Matched (S)	2 years	Cohort 1: 135 students (94E, 41C) Cohort 2: 146 students (106E, 40C)	K-1 1-2	High-poverty schools in Clarke Co., GA	Matched on pretests	Average of Woodcock and DORT 1st grade 2nd grade	+0.27 +0.03	+0.22	+0.08	+0.15
Ross et al. (1995)	Matched (L)	3 years	2 schools 3 cohorts 251 students Cohort 1: 59E, 47C Cohort 2: 54E, 20C Cohort 3: 45E, 32C	K-4	Title I schools in Ft. Wayne, IN	Matched on pretests	Average of Woodcock and DORT 2nd grade 3rd grade 4th grade	+0.10 -0.10 0.00	+0.09	-0.09	0.00

Casey et al. (1994)	Matched (S)	1 year	3 schools (2 E, 1 C), 189 students (116 E, 73 C)	1	High-poverty African American schools in Memphis, TN	Matched on pretests	Woodcock		+0.78	+0.53	+0.65
							Word Identification	+0.52			
							Word Attack	+1.03			
							Passage Comprehension	+0.63			
							Durrell Oral Reading	+0.42			
Ross, Smith, & Bond (1994)	Matched (S)	2 years	Cohort 1: 4 schools 133 students (65E, 68C) Cohort 2: 2 schools 46 students (20E, 26C)	K-1 1-2	African American students in high- poverty schools in Montgomery, AL	Matched on pretests	Average of Woodcock and DORT		+0.76	+0.47	+0.62
							K-1 Cohort	+0.39			
							1-2 Cohort	+1.15			
Smith et al. (1994)	Matched (S)	4 years	2 schools 142 students (74E, 68C) 4 cohorts	1-4	High poverty AA school in Memphis	Matched on pretests	Average of Woodcock and DORT/Gray		+0.55	+0.65	+0.60
							1st grade	+1.15			
							2nd grade	+0.08			
							3rd grade	+0.56			
							4th grade	+0.04			
Wasik & Slavin (1993)	Matched (S)	3 years	2 schools (1 E, 1 C) 3 cohorts	1-3	High-poverty schools in Charleston, SC, 40% FL; 60%AA	Matched on pretests	Average of Woodcock and DORT		+0.39	+0.39	+0.39
							1st grade	+0.20			
							2nd grade	+0.67			
							3rd grade	+0.30			
Slavin & Madden (1991)	Matched (S)	2 years	2 schools (1 E, 1 C) 108 students (58 E, 50 C)	1-2	Small rural town in Maryland 40%FL, 50%AA 50%W	Matched on pretests	Average of Woodcock and DORT	+0.02	+0.02	+0.02	+0.02
							CTBS	+0.02			
Wang & Ross (1999a)	Matched (S)	1 year	4 schools (2 E, 2 C) 97 students (50 E, 47 C)	1	High-poverty schools in Little Rock, AK	Matched on pretests	Average of Woodcock and DORT		+0.20	+0.39	+0.30
Wang & Ross (1999b)	Matched (S)	1 year	2 schools (1 E, 1 C) 82 students (43 E., 39 C)	1	High-poverty mostly Hispanic schools in Alhambra Distict near Phoenix, AZ	Matched on pretests	Average of Woodcock and DORT		+0.15	+0.16	+0.15
Slavin & Madden (1998)	Matched (S)	3 years	50 students (21 E, 29 C)	1-3	Spanish-dominant LEP students in Philadelphia, PA who had transitioned to English classes	Matched on pretests	Woodcock		+0.36	-0.07	+0.22
							Word Attack	+0.65			
							Word Identification	+0.06			
							Passage Comprehension	-0.07			
Direct Instruction											
Bowers (1972)	Randomized (S)	1 year	4 classes 123 students (60E, 63C)	1	Disadvantaged White students in Oklahoma	Matched on pretests	Gates MacGinitie		--	+0.17	+0.26
							Comprehension	+0.17			
							Vocabulary	+0.35			
Kennedy (1978)	Matched (L)	4 years	2216 children (1161E, 1055C)	K-3	High poverty schools in NY, RI, IL, & MS	Matched on pretests and demographics	MAT Reading Comprehension		--	+0.07	+0.07
Mac Iver et al. (2003)	Matched (L)	4 years	12 schools (6 E, 6 C) 275 students (171 E, 104 C)	K-3	High-poverty schools in Baltimore, majority African-American	Matched on pretests and demographics	CTBS		--	+0.13	+0.07
							Reading Comprehension	+0.13			
							Vocabulary	0.00			
Grant (1973)	Matched Post Hoc (S)	2 years	2 schools 78 students (39E, 39C)	K-1	High-poverty African American students in WI	Matched on pretests	Wisconsin Reading Skill Development		+0.84	--	+0.84
							Long Vowels	+0.64			
							Base Words	+1.33			
							Dale Johnson Word Recognition	+0.54			

Note: L=large study with at least 250 students; S=small study with less than 250 students; E=Experimental; C=Control; DORT=Durrell Oral Reading Test; CTBS=Comprehensive Test of Basic Skills; SAT=Scholastic Achievement Test; BSAP=Basic Skills Assessment Program; MAT=Metropolitan Achievement Test; FL=Free/reduced-price lunch; W=White; AA=African American; H=Hispanic; ELL=English language learner.

Table 5: Kindergarten-Only Studies

Study	Design Large/Small	Duration	N	Grade	Sample Characteristics	Evidence of Initial Equality	Posttest	Effect Sizes by Subgroup/Measure	Overall Effect Size
Reading Curricula									
<u>Vovager Universal Literacy</u>									
Frechtling et al. (2006)	Matched (L)	1 year	8 schools (4 E, 4 C) 398 students (202 E, 196 C)	K	African American students in 8 urban schools	Matched on pretests and demographics	Woodcock		+0.67
							Word ID	+0.21	
							Word Attack	+1.11	
Hecht (2003)	Matched (S)	5 months	3 schools (1 E, 2 C) 213 students (101 E, 112 C)	K	High-poverty schools in Orlando	Matched on pretests and demographics	Woodcock		-0.02
							Word ID	-0.10	
							Word Analysis	+0.10	
							DIBELS		
						Nonsense Word	-0.07		
Instructional Technology									
<u>Waterford Early Reading Program</u>									
Paterson et al. (2003)	Matched (L)	1 year	16 classes (8E, 8C)	K	High-poverty community in western New York	Matched on pretest	Clay Word Recognition Test		0.00
Tracey & Young (2006)	Matched (L)	1 year	15 classes (8E, 7C) 265 children (151E, 114C)	K	High-minority northeastern community	Matched on pretests	TERA-2		+0.47
<u>The Literacy Center (LeapFrog)</u>									
RMC (2004)	Randomized Quasi-Experiment (S)	1 year	6 schools 258 students (126E, 132C)	K	High-poverty schools in Las Vegas, 30% ELL	Matched on pretests	Gates MacGinitie	+0.17	+0.14
							DIBELS	+0.12	
<u>Destination Reading</u>									
Barnett (2006)	Matched (L)	1 year	15 classes (8E, 7C)	K	High-poverty high-minority community in FL	Matched on pretests and demographics	DIBELS	-0.56	-0.53
							Clay Word Recognition Test	-0.47	
							Dolch	-0.56	
<u>Writing to Read</u>									
Stevenson et al. (1988)	Matched (S)	1 year	241 students (86E, 155C)	K	African American students in Washington, DC	Matched on pretests	MAT Reading		+0.35
Granick & Reid (1987)	Matched (S)	1 year	2 schools 73 students (37E, 36C)	K	High-poverty African American schools in Baltimore	Matched on pretests and demographics	MAT		+0.02

Instructional Process Programs									
K-PALS									
Stein et al., 2008	Randomized (L)	20 weeks	71 schools 224 teachers 3229 students	K	Schools in Nashville, Minnesota, South Texas	Matched on pretests	Rapid Letter Sounds		+0.51
Ladders to Literacy									
Fuchs et al. (2001)	Randomized (L)	20 weeks, with a one-year followup	8 schools (4E, 4C) 404 students 3 groups: Ladders only: 11 teachers, 136 students; Ladders + PALS: 11 teachers, 133 students; Control: 11 teachers, 135 students	K	Title I and non-Title I kindergartens in Nashville, TN	Matched on pretests	Ladders to Literacy Group		+0.21
							End of kindergarten		
							Woodcock Johnson Word Attack	+0.17	
							Woodcock Johnson Word ID	-0.25	
							Followup to Fall of first grade		
							Woodcock Johnson Word Attack	+0.38	
							Woodcock Johnson Word ID	+0.05	
							Ladders + PALS Group		
							End of kindergarten		
							Woodcock Johnson Word Attack	+0.36	
							Woodcock Johnson Word ID	+0.25	
							Followup to Fall of first grade		
							Woodcock Johnson Word Attack	+0.41	
							Woodcock Johnson Word ID	+0.43	
O'Connor (1999): Study 2	Matched (L)	1 year	17 classes (9E, 8C) 318 students (192E, 89C)	K	Rural midwestern district, 100% White	Matched on pretests	Woodcock Johnson Letter Word ID		+0.43
							Typical children	+0.33	
							At-risk children	+0.68	
Little Books									
Phillips et al. (1990)	Randomized Quasi-Experiment (L)	1 year	18 classes 309 students	K	Urban and rural schools in Newfoundland, Canada	Matched on pretests	MET		+0.22
							School + home	+0.33	
							School only	+0.19	
							Home only	+0.14	

Note: L=large study with at least 250 students; S=small study with less than 250 students; E=Experimental; C=Control; TERA=Test of Early Reading Ability; MAT=Metropolitan Achievement Test; FL=Free/reduced-price lunch; W=White; AA=African American; H=Hispanic; ELL=English language learner..

Table 6
Summary of Evidence on Beginning Reading Programs*

- **Strong Evidence of Effectiveness**
 Success for All (Curr + IP)
 Reading Reels (IP)
 Peer-Assisted Learning Strategies (PALS) (IP)
 Phonological Awareness Training (IP)

- **Moderate Evidence of Effectiveness**
 Sing, Spell, Read, and Write (IP)

- **Limited Evidence of Effectiveness: Strong Evidence of Modest Effects**
 Open Court Reading (Curr)
 Scholastic Phonics Readers with Literacy Place (Curr)
 Direct Instruction (Curr + IP)

- **Limited Evidence of Effectiveness: Weak Evidence of Notable Effects**
 Classwide Peer Tutoring (IP)
 Four Blocks (IP)
 Lippincott (Curr)
 Open Court Phonics Kit (Curr)
 Phonics-Based Reading (IT)
 Reading and Integrated Literacy Strategies (RAILS) (IP)
 Waterford (IT)
 WICAT (IT)

- **Insufficient Evidence of Effectiveness**
 Reading Machine (IT)
 Reading Street (Curr)
 The Literacy Center (IT)
 Writing to Read (IT)

- N No Qualifying Studies**
 100 Book Challenge
 ABD's of Reading
 Academy of Reading
 Accelerated Literacy Learning
 Accelerated Reader
 AfterSchool KidzLit

* Curr: Curriculum
 IT: Instructional Technology
 IP: Instructional Process Approach
 Curr + IP: Combined curriculum and instructional process

Alphabetic Phonics
Barton Reading & Spelling System
Be a Better Reader
Breakthrough to Literacy
Carbo Reading Styles
Caught Reading
CCC
Charlesbridge Reading Fluency
Classworks
Compass Reading
Comprehension Plus
Comprehension Upgrade
Concept-Oriented Reading Instruction (CORI)
Conceptually-Based Strategy Instruction (Curr)
Consistency Management Cooperative Discipline (CMCD)
Cross-Aged Literacy Program
Destination Literacy
Digitexts
Disciplinary Literacy
Discover Intensive Phonics for Yourself
Dolch Reading Program
Early Reading Intervention (ERI)
Early Success
Earobics
EasyTech
Edmark Reading Program
Electronic Bookshelf
Elements of Reading: Comprehension
Elements of Reading: Fluency
Elements of Reading: Vocabulary
Essential Learning System
Failure Free Reading
Fast Track Reading
First Steps
Fluency First
Fluency Formula
Fluent Reader
FOCUS Reading and Language Program
Foundations and Frameworks
Fountas Pinnell Units of Study (Heineman)
Foundations
Funnix Reading Programs
Glass-Analysis method
Great Books
Great Leaps
Harcourt Collections

Harcourt Signatures
Harcourt Trophies
Houghton Mifflin Nation's Choice
Houghton Mifflin Reading
Headsprout Early Reading
Heinemann, Literacy World
Heinemann, Rigby Star
Hodder & Stoughton, Fast Forward
Hooked on Phonics®
Horizons
HOSTS
Houghton Mifflin Horizons
Houghton Mifflin Invitations to Literacy
Houghton Mifflin Legacy of Literacy
Imagine It!
IndiVisual Reading
Intensive Reading Strategies Instruction (IRSI) Model
Intensive Supplemental Reading
Invitations to Literacy
Irlen Method
Jacob's Ladder
Jolly Phonics
Jostens/Compass Learning
Kaleidoscope
Kar2ouche
Kindergarten Works
Knowledge Box
K-W-L strategy
Language Essentials for Teachers of Reading and Spelling
Language First!
Language for Thinking
LANGUAGE!
LeapTrack Assessment & Instruction System
Learning Experience Approach
Learning to Read
Learning Upgrade
Lexia
Lightspan
Like to Read
Lindamood-Bell
LiPS
LitART
Literacy by Design
Literacy Seminar
Little Books
Macmillan/McGraw-Hill Treasures

Making Connections
McGraw-Hill Reading
McGraw-Hill Spotlight on Literacy
McGraw-Hill Treasures/Triumphs
McRAT
Merit Software
My Reading Coach
Open Book Anywhere
OpenBook to Literacy
Oxford Reading Tree Stage 1 & 2 First Phonics Talking Stories
Oxford University Press Reading Tree
Pathways
Phonetics First-Focus on Sounds
Phonics and Friends
Phonics First Foundations
Phonics for Reading
Phono-Graphix
PLATO
Project Read
Putting Reading First in Your Classroom
Questioning the Author
Quicktionary Reading Pen II
Read Naturally
Read Now
READ RIGHT
Read, Write & Type!
ReadAbout
Reading Apprenticeship
Reading Horizons
Reading in the Content Areas
Reading Plus
Reading Success
Reading to Learn
Reading Triumphs
Reading Upgrade
Read Well
Responsive Classroom
Rigby Reading
Rosetta Stone Literacy
Ruth Miskin Literacy
S.P.I.R.E. and Sounds Sensible
Saxon Phonics
Say Cheese! Early Years and Say Cheese Infants
Scaffolded Reading Experience
Schoolwide Enrichment Reading Model (SEM-R)
Seeing Stars

SIM-Strategic Instruction Model
Six Minute Solution
Slingerland
Smart Way Reading and Spelling
Sound Sheets
Spalding Method
Spell Read
SRA Reading
START-IN
STEPS (Sequential Teaching of Explicit Phonics and Spelling)
Strategic Literacy Initiative
Success in Reading and Writing
SuccessMaker
Sunshine
TeachFirst
Teaching Reading Essentials
Tell a Tale 2
Text Mapping Strategy
Text Talk
The Imagination Station
Thinking Works
Transactional Strategies Instruction
Tune in to Reading
Visualizing and Verbalizing
Vocabulary Improvement Program
Voices Reading
Voyager Passport
Voyager TimeWarp Plus
Voyager Universal Literacy
Wilson Reading
Wright Group Literacy
WriteToLearn